



MEMORANDUM

To: Board of Directors

Cc: Bill Boyles, Esquire
Kevat Patel, M.D.

From: George Mikitarian
President/CEO

Subject: Board/Committee Meetings – May 4, 2026

Date: April 30, 2026

The Ad Hoc Credentials Review Committee will meet at 11:30 a.m. where the Committee will review credentialing and privileging files as they relate to medical staff appointment/reappointment.

The Quality Committee will convene at 12:00 p.m., which will be followed by the Finance Committee, the Executive Committee, and the Education Committee meetings.

The Board of Directors will meet in executive session no earlier than 1:30 p.m. Following the Board of Directors Executive Session, the Board of Directors regularly scheduled meeting will be held, however no earlier than 2:00 p.m.

The Planning Committee meeting has been canceled.

QUALITY COMMITTEE

Dan Aton, Chairperson
Robert L. Jordan, Jr., C.M. (ex-officio)
Elizabeth Galfo, M.D.
Billy Specht
Billie Fitzgerald
Melissa Lugo
Herman A. Cole, Jr.
Stan Retz, CPA
Ashok Shah, M.D.
Andre Gabriel, M.D.
Kevat Patel, M.D., President/Medical Staff
Aluino Ochoa, M.D., Immediate Past President/Medical Staff
Christopher Manion, M.D., Designee
Christopher Rajan, D.O. Medical Staff Review Committee
Alphonse Pecoraro, M.D., Designee, Vice Chairperson
George Mikitarian (non-voting)

**NORTH BREVARD COUNTY HOSPITAL DISTRICT
OPERATING
PARRISH MEDICAL CENTER
QUALITY COMMITTEE
MONDAY, MAY 4, 2026 AT 12:00 P.M.
FIRST FLOOR, CONFERENCE ROOM 2/3/4/5**

CALL TO ORDER

I. Approval of Minutes

Motion to approve the minutes of the March 2, 2026 meeting.

II. Vision Statement

III. Dashboard

IV. Nonemergent Care Access Plan – Ms. Cottrell

V. Infection Prevention and Control Program

Motion: To recommend the Board of Directors approve Alyah Bridges, MPH, CPH, CIC, qualified through education, training, experience, and certification in infection prevention to be responsible for the infection prevention and control program.

VI. Executive Session (if necessary)

ADJOURNMENT

NOTE: IF A PERSON DECIDES TO APPEAL ANY DECISION MADE BY THE QUALITY COMMITTEE WITH RESPECT TO ANY MATTER CONSIDERED AT THIS MEETING, HE/SHE WILL NEED A RECORD OF PROCEEDINGS AND, FOR SUCH PURPOSES, MAY NEED TO ENSURE A VERBATIM RECORD OF THE PROCEEDINGS IS MADE AND THAT THE RECORD INCLUDES TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.

PERSONS WITH A DISABILITY WHO NEED A SPECIAL ACCOMMODATION TO PARTICIPATE IN THIS PROCEEDING SHOULD CONTACT THE ADMINISTRATIVE OFFICES AT 951 NORTH WASHINGTON AVENUE, TITUSVILLE, FLORIDA 32796, AT LEAST FORTY-EIGHT (48) HOURS PRIOR TO THE MEETING. FOR INFORMATION CALL (321) 268-6110. THIS NOTICE WILL FURTHER SERVE TO INFORM THE PUBLIC THAT MEMBERS OF THE BOARD OF DIRECTORS OF NORTH BREVARD MEDICAL SUPPORT, INC. MAY BE IN ATTENDANCE AND MAY PARTICIPATE IN DISCUSSIONS OF MATTERS BEFORE THE NORTH BREVARD COUNTY HOSPITAL DISTRICT BOARD OF DIRECTORS EDUCATIONAL, GOVERNMENTAL AND COMMUNITY RELATIONS COMMITTEE. TO THE EXTENT OF SUCH DISCUSSION, A JOINT PUBLIC MEETING OF THE NORTH BREVARD COUNTY HOSPITAL DISTRICT, BOARD OF DIRECTORS EDUCATIONAL, GOVERNMENTAL AND COMMUNITY RELATIONS COMMITTEE AND NORTH BREVARD MEDICAL SUPPORT, INC. SHALL BE CONDUCTED.

**NORTH BREVARD COUNTY HOSPITAL DISTRICT
OPERATING
PARRISH MEDICAL CENTER
QUALITY COMMITTEE**

A regular meeting of the Quality Committee of the North Brevard County Hospital District operating Parrish Medical Center was held on March 2, 2026, in Conference Room 2/3/4/5, First Floor. The following members were present.

Dan Aton, Chairperson
Robert L. Jordan, Jr., C.M.
Stan Retz, CPA
Herman A. Cole, Jr.
Billy Specht
Elizabeth Galfo, M.D
Melissa Lugo
Ashok Shah, M.D. (12:18 p.m.)
Billie Fitzgerald
Christopher Manion, M.D.
Kevat Patel, M.D., President/Medical Staff
Aluino Ochoa, M.D., Immediate Past President/Medical Staff
Christopher Rajan, D.O.
George Mikitarian (non-voting)

Members absent:
Andre Gabriel, M.D. (excused)
Alphonse Pecoraro, M.D., Vice Chair (excused)

CALL TO ORDER

Mr. Aton called the meeting to order at 12:04 p.m.

REVIEW AND APPROVAL OF MINUTES

Discussion ensued and the following motion was made by Mr. Cole, seconded by Mr. Specht, and approved (12 ayes, 0 nays, 0 abstentions). Dr. Shah was not present at the time the vote was taken.

ACTION TAKEN: MOTION TO APPROVE THE JANUARY 5, 2026 MINUTES OF THE QUALITY COMMITTEE, AS PRESENTED.

VISION STATEMENT

Ms. Cottrell shared the committee's vision statement, which is to ensure affordable access to safe, high quality patient care to the communities we serve.

QUALITY COMMITTEE

MARCH 2, 2026

PAGE 2

QUALITY DASHBOARD REVIEW

Ms. Cottrell reviewed the Quality Dashboard discussing each indicator score as it relates to clinical quality and cost. Ms. Cottrell answered questions and received comments from committee members concerning the dashboard and her earlier discussion. Copies of the Power Point slides presented by Ms. Cottrell are appended to the file copy of these minutes.

SEPSIS REVIEW

Dr. Kevat Patel provided a brief overview of Sepsis, including significant warning signs, prevention and increasing community awareness. Copies of the Power Point slides presented are appended to the file copy of these minutes.

Ms. Cottrell reviewed the Sepsis Bundle, CMS reporting requirements and Parrish Medical Center's 2025 performance. Additionally, Ms. Cotterll summarized the CDC Hospital Sepsis Program and Core Elements. Copies of the Power Point slides presented are appended to the file copy of these minutes.

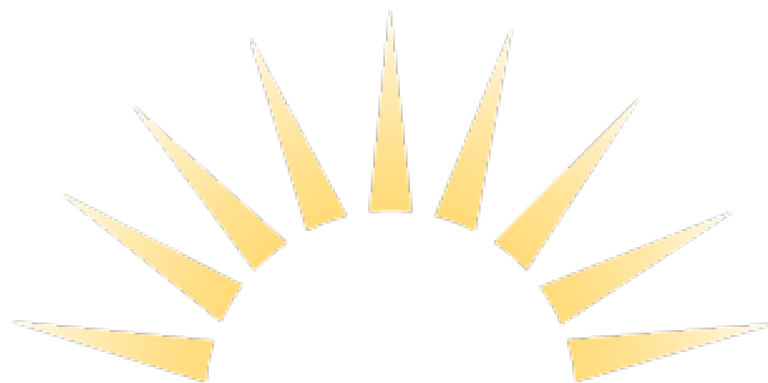
OTHER

There was no other business brought before the committee.

ADJOURNMENT

There being no further business, the Quality Committee meeting adjourned at 12:56 p.m.

Dan Aton
Chairperson



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Quality Agenda

May 4, 2026

1. Approval of minutes
2. Vision Statement
3. Dashboard
4. Joint Commission Update
5. NCAP
6. Infection Control Appointment

Quality Committee

Vision Statement

“Assure affordable access to safe, high quality patient care to the communities we serve.”



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DASHBOARD



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Performance dashboard

Description	Definition	QTR	Rolling YTD	Goal
Stroke	Stroke management compliance	96.0%	88%	Goal: = 100%
Readmission	All cause 30-day readmissions	10.5% 30/285	11.7% 126/1076	Goal: ≤ 14.6%
Person Centered flow	Emergency department throughput	206	199.3	Goal: ≤ 176 minutes
Person Experience	Top box HCAHPs domain score for overall rating	61.7%	62.2%	Target: ≥ 72%
Social Determinants of Health	Percent of patients screened	98.18%	97.53%	Target: 93%
Social Determinants of Health	Percent who screened positive	5.03%	6.79%	

Performance dashboard

Description	Definition	QTR	Rolling YTD	Rolling 3 YR	Goal
Heart Attack	30-day readmission rate	23.08% 3/13	18.60% 8/43	10.68% 11/103	Goal: < 14%
Heart Failure	30-day readmission rate	15% 3/20	17.86% 15/84	21.80% 58/266	Goal: < 20%
COPD	30-day readmission rate	15.38% 2/13	13.95% 6/43	11.20% 14/125	Goal: < 18%
Pneumonia	30-day readmission rate	11.11% 5/45	9.56% 13/136	11.70% 57/487	Goal: < 16%
Hip/Knee	30-day readmission rate	0% 0/2	22.22% 2/9	9.09% 4/44	Goal: < 4.5%
Combined	30-day readmission rate	13.98% 13/93	13.97% 44/315	14.05% 144/1025	Goal: < 14%

Performance dashboard

Description	Definition	Rolling YTD	Days Since Last Infection	National Rate
CLABSI	Central Line Associated Bloodstream Infection	1.889	28 days	< 0.592
CAUTI	Catheter Associated Urinary Tract Infection	0.900	22 days	< 0.484
MRSA bacteremia	Hospital onset MRSA bacteremia	0.580	303 days	< 0.692
<i>C. difficile</i> infection	Hospital onset <i>C. difficile</i> infection	0.572	4 days	< 0.344
SSI	Combined Abdominal hysterectomy and colon procedures	0.000	824 days	< 0.855

JOINT COMMISSION UPDATE



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Joint Commission Update

Total Hip and Knee Core Program - Initial Certification

- April 13, 2026
- 1 reviewer for a 1-day survey

“Your representation of leadership commitment from all levels, your proactive and progressive approach with quality and safety, and your strong focus on performance improvement are key strengths of the program.”

NON-EMERGENT ACCESS TO CARE PLAN (NCAP)



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Non-Emergent Access to Care Plan

Summary of law

- Primary bill: CS/SB 7016- Florida health care reform package
- Florida Statute: Florida Statute 395.1055
- Implemented via AHCA rule (e.g., Rule 59A-3.066)
- Effective date: July 1, 2025
- Required at: ACHA Renewal

NCAP

Concept

Hospitals with an ED must create a formal, approved plan to:

- Identify and redirect patients who do NOT need emergency care
- Connect them to appropriate non-emergent services

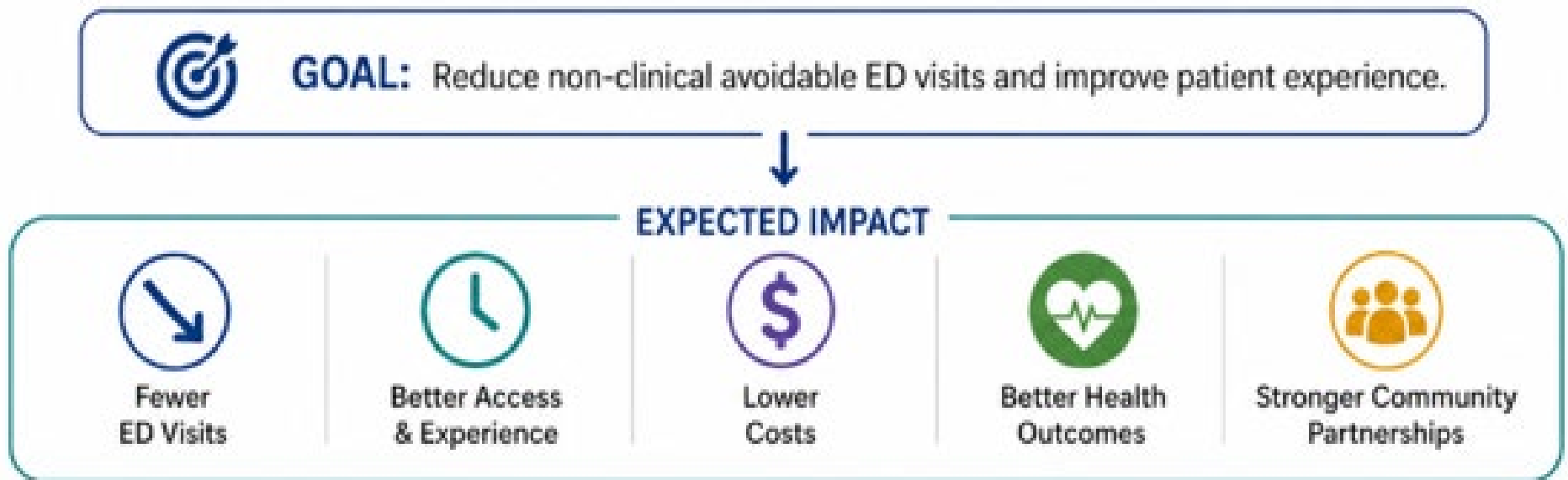
NCAP

Core requirements

- Educate community on appropriate care settings
- Does not conflict with EMTALA obligations
- Coordinate with Medicaid Plans on establishing appropriate primary care providers
- Provide redirection via FQHC/primary care partnership or co-located urgent care

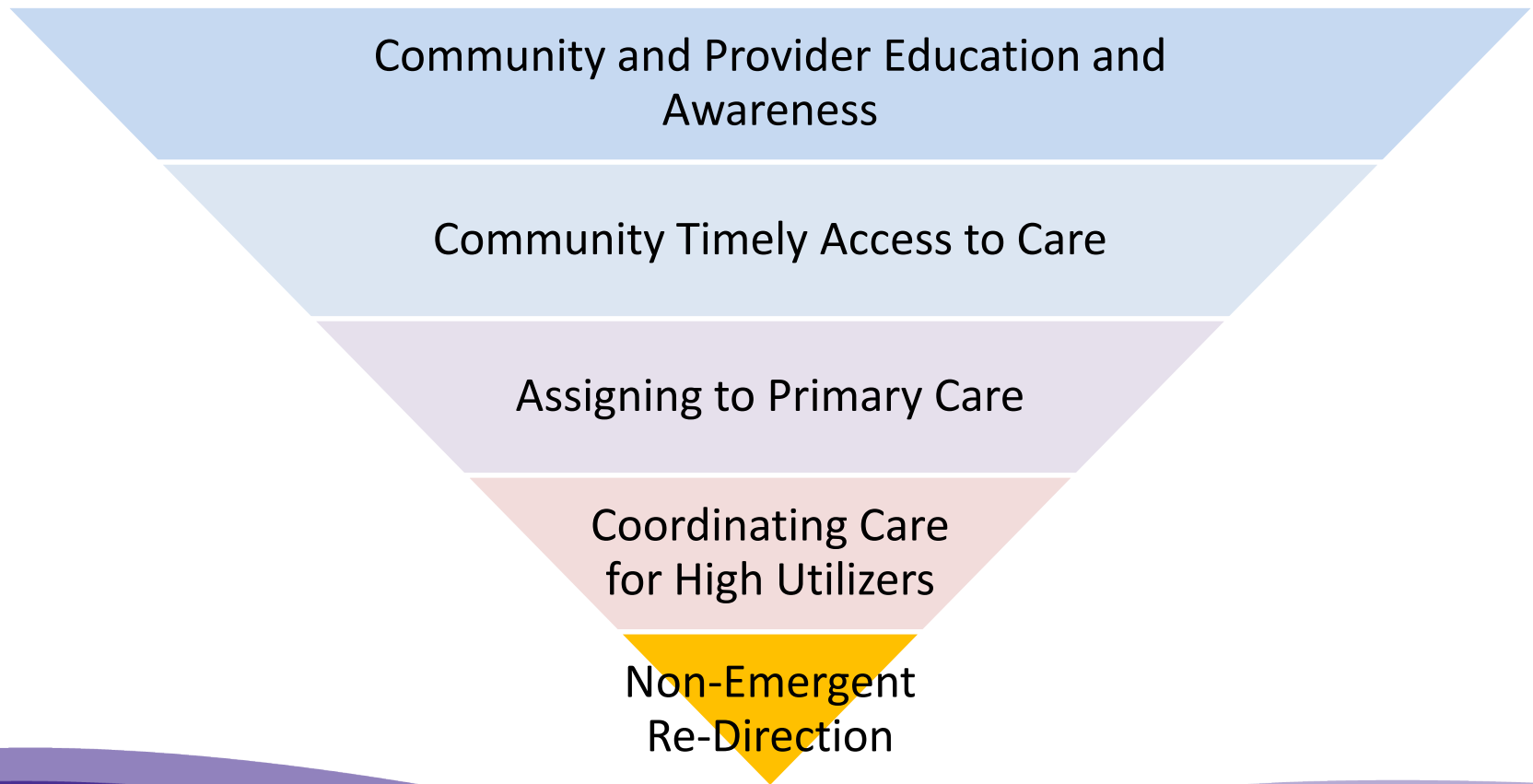
Parrish Approach

Right care, right place, right time - by design, not by default



Scope of Project

Implementation



Community Education

Patient education and awareness

- Targeted education based on trends
 - FB: 1,036 Views
 - Instagram: 92 Views
 - X: 5 Impressions
 - LinkedIn: 146 Impressions

Community and Provider Education and Awareness

Provider Education

ED Visits per 1000 lives



Goal: ≤ 225 visits per 1,000

Stretch Goal: ≤ 200 visits per 1,000

PMG **183 ED visits:** 1000 Lives

SCHC **213 ED visits:** 1000 Lives

Community and Provider Education and
Awareness

Provider and Post Acute Education

Direct admissions

- Providers and post acute partners identify patients needing admission
- Direct coordination with hospital for bed placement
- Bypass ED when clinically appropriate
- Standardized communication + admission criteria

Community and Provider Education and Awareness

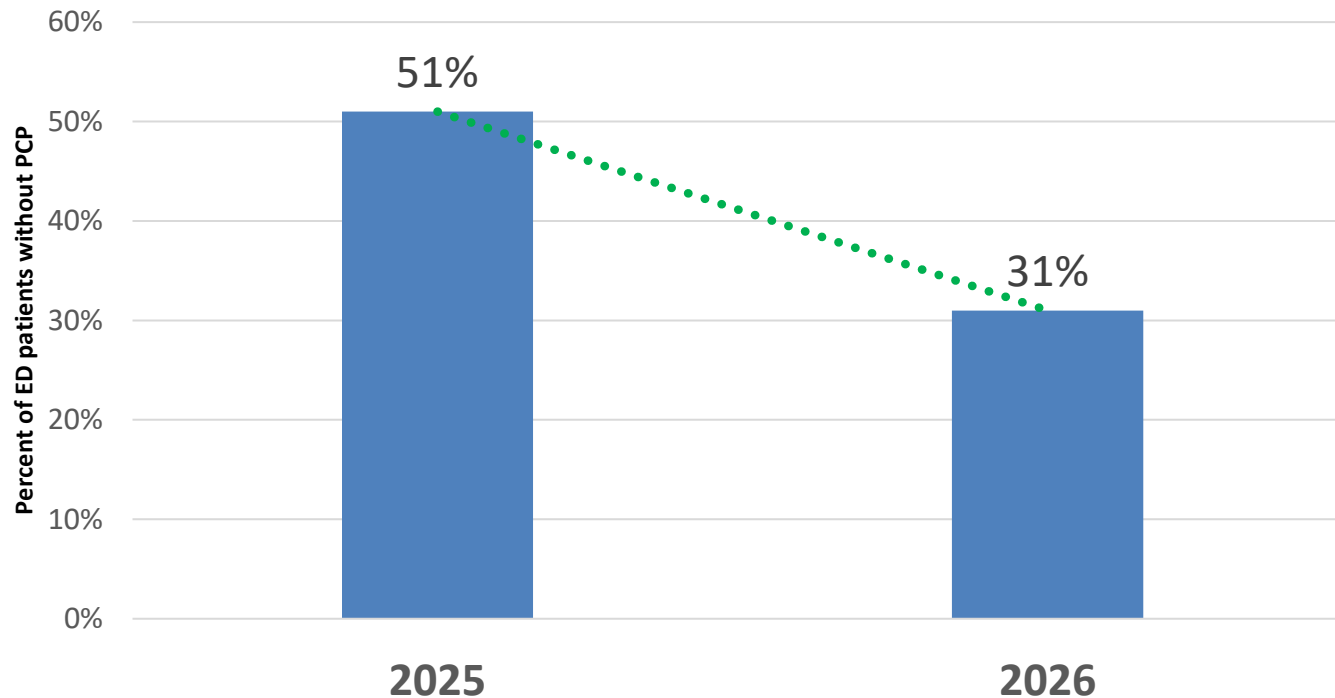
Primary Care Timely Access to Care

Same day / next day availability

- Same-day / next-day PCP appointments reserved for ED and urgent access needs
- Real-time scheduling prior to acute discharge to ensure timely follow-up
- Measuring Patient Perception- Ease of Scheduling

Community Timely Access to Care

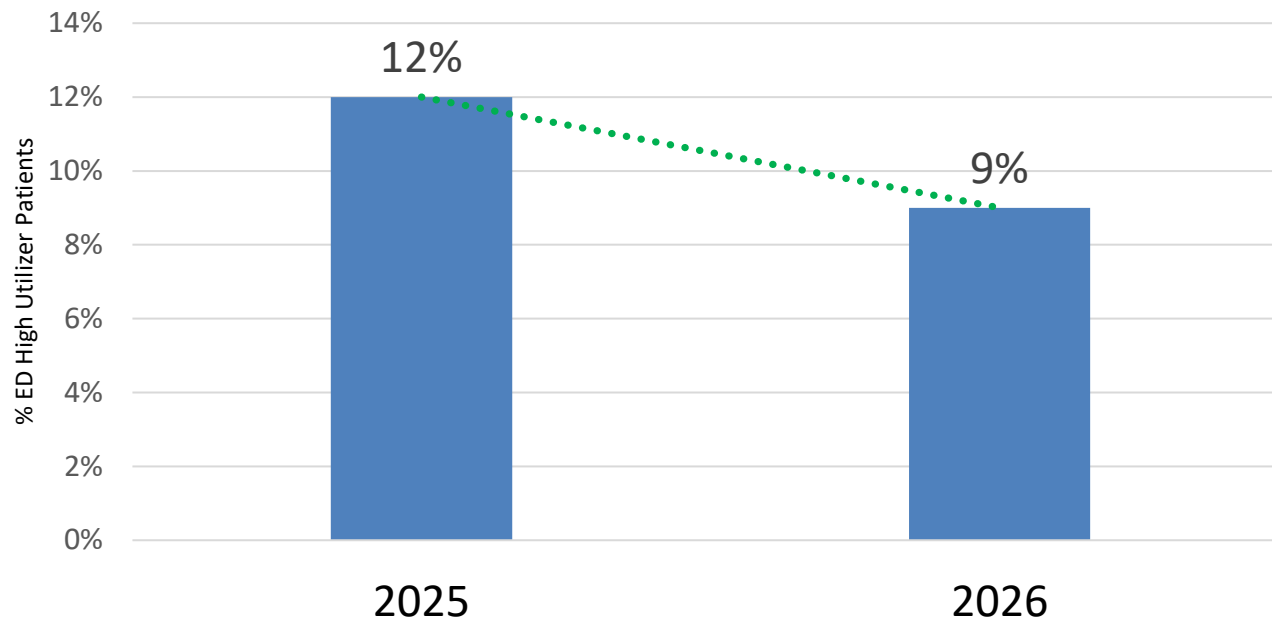
Access for “No PCP” patients



Assigning to Primary Care

Coordinating Care for High Utilizers

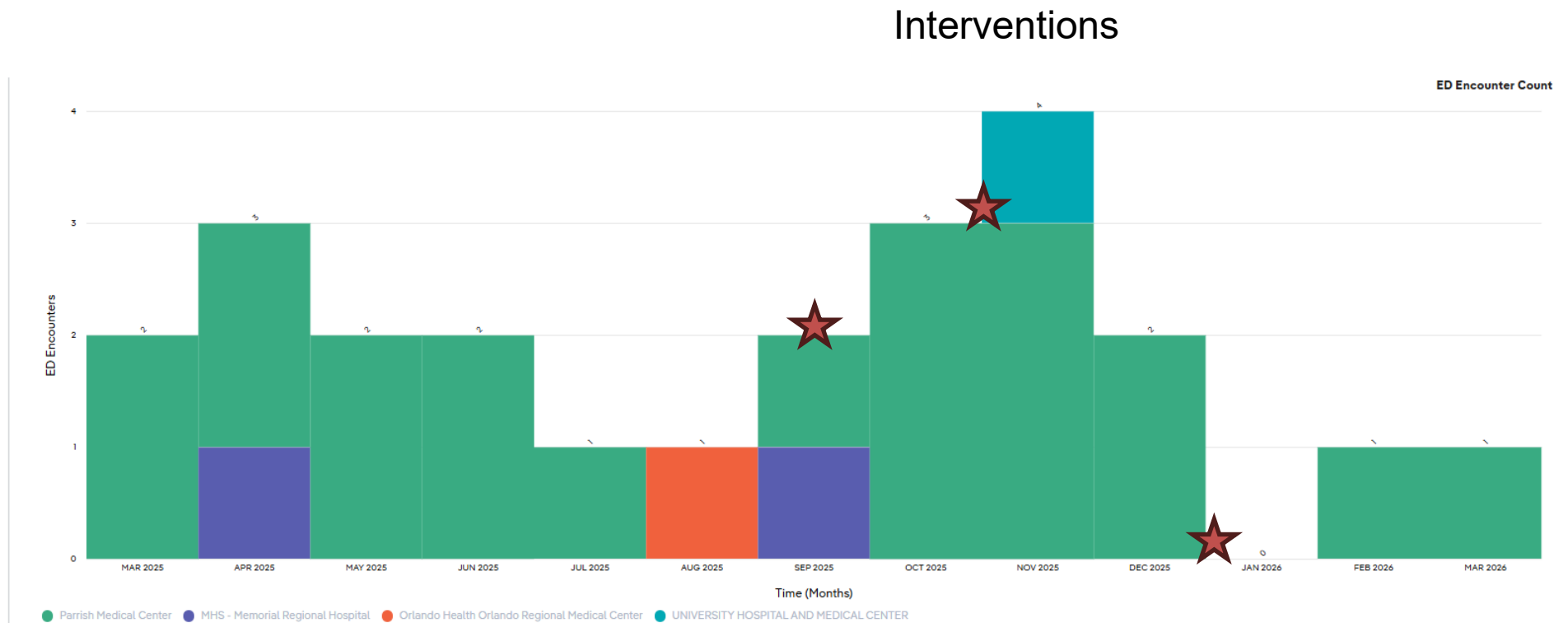
Average 6 ED visits per year; 1.5 Admission per year



Coordinating Care
for High Utilizers

Coordinating Care for High Utilizers

Sickle cell patient - 41 YTD Acute Care Visits



Re-direction of Care

Safely redirect low-acuity patients from the ED to the most appropriate, timely, and cost-effective care setting.

- Ambulatory care conditions
- Non-emergent / avoidable ED visits
- High utilizers with repeat low-acuity ED use



Summary

- Community & provider education
- Provider & post-acute direct admissions
- Expanded timely primary care access
- Strong primary care attachment
- High utilizer multidisciplinary management
- Safe, compliant ED care redirection

INFECTION CONTROL



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Infection Control Program

Board appointment

Alyah Bridges, MPH, CPH, CIC

NPG.12.01.01 - The hospital's governing body, based on the recommendation of the medical staff and nursing leaders, appoints an infection preventionist(s) or infection control professional(s) qualified through education, training, experience, or certification in infection prevention to be responsible for the infection prevention and control program.

QUESTIONS



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Parrish Healthcare Nonemergent Access Care Plan

Nonemergent Care Access Plan: Bill Summary

Summary of bill: Florida has adopted new [requirements](#) for hospital emergency departments (EDs) as part of the broader 'Live Healthy' legislative package. Effective July 1, 2025, all hospitals with an Emergency Department (ED) must submit a *Nonemergent Care Access Plan* (NCAP) to the Agency for Health Care Administration (AHCA) to qualify for initial licensure or licensure renewal.

Goal: Reduce the burden placed on EDs when patients rely on them as a substitute for primary care and/or urgent care. The NCAP plan outlines a hospital's strategy for educating and redirecting such patients to suitable primary care resources.

NCAP Requirements

1. Educate patients about care that would be best provided in a primary care setting and the importance of receiving regular primary care; and
2. Ensure the plan does not conflict or interfere with the hospital's duties and responsibilities under Fla. Stat. [§ 395.1041](#) or [\[EMTALA\]](#)."

In addition, hospitals must establish at least one of the following channels for redirecting patients to primary care:

- A collaborative partnership with one or more nearby federally qualified health centers (FQHC) or other primary care setting
OR
- The establishment, construction, and operation of a hospital-owned urgent care center co-located within or adjacent to the hospital emergency department location.

Special Provisions for Medicaid Patients

- For patients enrolled in Medicaid, the NCAP must include procedures for coordination with Medicaid managed care plans to ensure these patients are connected to the appropriate primary care setting. Hospitals are also required to assist in updating patient contact information with managed care plans.

Parrish Healthcare Nonemergent Access Care Plan

Nonemergent Access Care Plan: Parrish Healthcare

The plan includes partnerships with a Federally Qualified Health Center Look-A-Like (FQHC LAL) located on-site of the hospital adjacent from the ED and local medical group for primary care coverage. Additionally, various other stakeholders will be involved to streamline access to primary and nonemergent care for all populations.

Key Components

1. Choosing the Right Level of Care: Patient Education and Awareness
2. Referring to the Emergency Department Appropriately: Community Providers
3. Coordinating Care: High Utilizers & Medicaid Patients
4. Referring to Primary Care: No PCP Patients
5. Streamlining Appointment Reservations: Same/Next Day Appointments
6. Redirecting Care Appropriately: Nonemergent Patients Presenting to the Emergency Department
7. Monitoring the Plan for Continued Success

1. Choosing the Right Level of Care: Patient Education and Awareness

Audience: *Community members of North Brevard county*

Objective: *Educate current and future patients on what constitutes emergent vs. nonemergent care, emphasizing the importance of routine primary care.*

• Action Steps:

- In conjunction with the hospital, FQHC LAL and medical group communications/marketing department, create and strategically distribute educational materials (i.e. flyers, brochures, digital content), providing guidance on when to choose primary, urgent and emergency care. Materials to be made available in patient-facing areas such as the ED, hospital waiting areas, in the community and digitally on websites and social media.
 - Content:
 - Telehealth options, benefit of primary care relationships, when to choose the ED versus urgent or primary care, and available resources for nonemergent access to care options
 - Educational outreach campaigns may be inclusive of:
 - Social media
 - Health fairs
 - Email campaigns
 - Print advertisements
 - In person education in various care settings
 - Hospital, medical group and FQHC websites
 - Health portals
- Educate and bring awareness to collaborative partnerships to enhance access to primary care services.
 - Action Steps:

Parrish Healthcare Nonemergent Access Care Plan

- Leverage existing relationships between the hospital, FQHC LAL and medical group to increase community awareness of available care resources such as same day and/or next day FQHC and primary care appointments.
- Cross-Promotion: Advertise the availability of the health centers within the Parrish Healthcare network to enhance awareness of these partnerships
- **Monitoring Performance:**
 - Track social media impressions, in-person reach, digital engagement, etc.

2. Referring to the Emergency Department Appropriately: Community Providers

Audience: Physicians and advanced practice providers practicing in North Brevard County

Objective: Standard and consistently appropriate referrals to the ED from primary and specialty care providers. Increase timely access to in-office appointments for nonemergent care.

- **Action Steps:**
 - Draft network-wide communication outlining appropriate ED referrals. Include information in all new network provider onboarding.
 - Re-implement, re-educate community provider direct admission process.
- **Monitoring Performance:**
 - Track engagement on network-wide communication.
 - Track and trend patient disposition from the ED, by community provider.

3. Streamlining Appointment Reservations: Same/Next Day Appointments

Audience: Community members in need of same day or next day access to a primary care provider. This includes individuals looking to establish or reconnect with primary care to prevent unnecessary emergency department visits, as well as those recently discharged from the ED who require follow-up care whether related to their emergency visit or for other non-urgent health concerns.

Objective: Streamline the process for patients to access primary care and/or follow up appointments quickly (same or next day) to reduce reliance on ED visits.

- **Action Steps:**
 - Online Scheduling: Operationalize the use of online portals where patients can easily schedule appointments for the same or next day within the FQHC LAL or medical group for nonemergent concerns.
 - Ensure Same/Next Day Access: Establish and maintain dedicated appointment slots each day to guarantee availability for urgent but nonemergent needs, including ED follow-up or patients without a PCP.
 - Allow for quick registration and pre-appointment details, including insurance and Medicaid verification.

Parrish Healthcare Nonemergent Access Care Plan

- In-Person Scheduling: Provide patients visiting the ED the option to schedule an appointment directly with the primary care office before leaving.
- Provide appointment reminders (e.g., text, email, or phone call) to reduce no-shows.
- **Monitoring Performance:**
 - Time to Appointment: Monitor the average time between a patient's scheduling and their appointment to ensure quick access.
 - Appointments Scheduled in the ED: Track how many patients visiting the ED schedule primary care appointments before leaving.
 - No show rate: Measure the percentage of ED patients who show up for their scheduled primary care appointment.

4. Referring to Primary Care: No PCP Patients

Audience: *Patients who do not have a primary care provider or who have current barriers to access their current primary care provider*

Objective: *Ensure patients are connected to a primary care provider to reduce reliance on the ED for nonemergent conditions and improve access to appropriate, continuous, and preventive care.*

- **Action Steps:**
 - Implement a standardized process to assess whether patients presenting to the ED have an established primary care provider (PCP).
 - For patients who report having a PCP, evaluate barriers that may be limiting their ability to access care (e.g., transportation, appointment availability, insurance alignment).
 - For patients without a PCP or with barriers to access their current PCP, establish a protocol where the affiliated Federally Qualified Health Center (FQHC LAL) or medical group offers a new patient appointment to facilitate primary care engagement.
 - When clinically appropriate, schedule a new patient visit with a PCP prior to the patient's discharge from the ED.
- **Monitoring Performance:**
 - Track the outcome of all ED-based PCP referrals, including appointment completion and ongoing engagement, to support program evaluation and continuous improvement.

Parrish Healthcare Nonemergent Access Care Plan

5. Coordinating Care: High Utilizers & Medicaid Patients

High Utilizers of Care in the Emergency Department

Audience: Patients with 4 or more ED visits in a 12-month period

Objective: Coordinate care for high utilizers utilizing a tool that is designed to help share critical patient information across different care settings to help improve coordination of care.

- **Action Steps:**

- Incorporate a real-time patient insight platform into our ED workflow and care coordination systems. Collect data on patients' medical histories, social factors, and care patterns to identify avoidable ED visits and nonemergent needs.
- Care Insights and Coordination: Use the platform to generate actionable insights that enhance collaboration between ED, primary care providers, and care teams, improving patient outcomes and reducing unnecessary ED visits.
- Utilize data from the platform to analyze trends in nonemergent ED visits, spot gaps in care access, and adjust strategies to proactively address patient needs before they seek ED care.
- Leverage real-time notifications and alerts to keep care teams informed about patient needs, ensuring timely follow-up and engagement to address nonemergent care issues.

- **Monitoring Performance:**

- Track and trend the number of nonemergent ED visits among high utilizers after the implementation of the insights platform.

Medicaid Patients

Audience: Medicaid patient population

Objective: Ensure that Medicaid patients are redirected to the appropriate primary care setting, and coordinate with Medicaid managed care plans.

- **Action Steps:**

- Develop processes involving care coordinators for sharing patient data and coordinating care with dedicated Medicaid staff for Medicaid patients to assist with scheduling, insurance coordination, and follow-ups to ensure they have access to primary care services.

- **Monitoring Performance:**

- Track and trend the turnaround time between Medicaid patient identification and referral to primary care (e.g., same day or next day).

6. Redirecting Care Appropriately: Nonemergent Patients Presenting to the Emergency Department

Parrish Healthcare Nonemergent Access Care Plan

Audience: Patients presenting to the ED who, after having been provided with a Medical Screening Examination (MSE), have been identified as not having an emergency medical condition

Objective: In accordance with the Emergency Medical Treatment and Labor Act (EMTALA) and pursuant to Florida law, all persons presenting to the ED receive an MSE to determine whether an emergency medical condition exists. In the event that an emergency medical condition does not exist, the objective is to provide a lower-cost and likely quicker option for medical treatment while not interfering with hospital and federal regulations.

- **Action Steps:**

- Establish a clear protocol in which, after an MSE in the ED, a patient who has been identified as not having an emergency medical condition is offered the option of being redirected to primary care without disrupting the emergency care process.

- **Monitoring Performance:**

- Number of Nonemergent Patients Identified: Track how many patients are deemed as not having an emergency medical condition after being provided a medical screening examination.
- Alternative Care Utilization Rate: Measure the percentage of nonemergent patients who opt to continue their care in a primary care setting after receiving an MSE in the ED.
- EMTALA Compliance Audits: Conduct periodic audits to ensure that no patients are offered alternative care before receiving emergency care as required under EMTALA guidelines.
- Reduction in Nonemergent ED Visits: Track changes to patient acuity levels.

7. Monitoring the Plan for Continued Success

Audience: Hospital, medical group and FHQC leaders

Objective: Ensure that the plan is effective and continually improves.

- **Action Steps:**

- Develop process measures and outcome measures to monitor performance for the NCAP plan and incorporate into organization's strategic map (referred to as "Game Plan").

- **Monitoring Performance:**

- Reduction in Nonemergent ED Visits
 - Measure: Track and trend changes in nonemergent visits to the ED
- Increased Primary Care Utilization (Same/Next Day Appointments)
 - Measure: Monitor the number of patients who schedule and attend same or next-day primary care appointments.
- Patient Education and Awareness Impact
 - Measure: Evaluate the effectiveness of educational campaigns through social media engagement, website traffic, and in-person feedback.
- Medicaid Coordination Success

Parrish Healthcare Nonemergent Access Care Plan

- Measure: Track the coordination success rate for Medicaid patients, including the timeliness of referrals to primary care and involvement of Medicaid case managers.
- Care Coordination for High Utilizers
 - Measure: Monitor changes in nonemergent ED visits for high utilizers.
- Staff Adherence to Protocols- ED
 - Measure: Measure percent of nonemergent ED patients who are provided the option of continuing their care in a primary care setting after a medical screening examination in the ED.
 - Measure: Completion of EMTALA annual education.
- Satisfaction and Experience
 - Measure: Collect patient satisfaction feedback regarding the ease of scheduling, educational content, and the care they received.

Parrish Healthcare DRAFT

FINANCE COMMITTEE

Herman A. Cole, Jr. Chairperson
Stan Retz, CPA, Vice Chairperson
Robert L. Jordan, Jr., C.M., (ex-officio)
Billy Specht
Billie Fitzgerald
Dan Aton
Christopher Manion, M.D.
George Mikitarian, President/CEO (non-voting)

**FINANCE COMMITTEE MEETING
NORTH BREVARD COUNTY HOSPITAL DISTRICT OPERATING
PARRISH MEDICAL CENTER
MONDAY, MAY 4, 2026
FIRST FLOOR CONFERENCE ROOMS 2/3/4/5**

CALL TO ORDER

- I. Approval of minutes.

Motion: To recommend approval of the March 2, 2026 meeting.

- II. Financial Review – Mr. Moehring

- I. Executive Session (if necessary)

ADJOURNMENT

NOTE: IF A PERSON DECIDES TO APPEAL ANY DECISION MADE BY THE FINANCE COMMITTEE WITH RESPECT TO ANY MATTER CONSIDERED AT THIS MEETING, HE/SHE WILL NEED A RECORD OF PROCEEDINGS AND, FOR SUCH PURPOSES, MAY NEED TO ENSURE A VERBATIM RECORD OF THE PROCEEDINGS IS MADE AND THAT THE RECORD INCLUDES TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.

PERSONS WITH A DISABILITY WHO NEED A SPECIAL ACCOMMODATION TO PARTICIPATE IN THIS PROCEEDING SHOULD CONTACT THE ADMINISTRATIVE OFFICES, AT 951 NORTH WASHINGTON AVENUE, TITUSVILLE, FLORIDA 32796, AT LEAST FORTY-EIGHT (48) HOURS PRIOR TO THE MEETING. FOR INFORMATION CALL (321) 268-6110.

THIS NOTICE WILL FURTHER SERVE TO INFORM THE PUBLIC THAT MEMBERS OF THE BOARD OF DIRECTORS OF NORTH BREVARD MEDICAL SUPPORT, INC. MAY BE IN ATTENDANCE AND MAY PARTICIPATE IN DISCUSSIONS OF MATTERS BEFORE THE NORTH BREVARD COUNTY HOSPITAL DISTRICT BOARD OF DIRECTORS FINANCE COMMITTEE. TO THAT EXTENT OF SUCH DISCUSSIONS, A JOINT PUBLIC MEETING OF THE NORTH BREVARD COUNTY HOSPITAL DISTRICT BOARD OF DIRECTORS FINANCE COMMITTEE AND THE NORTH BREVARD MEDICAL SUPPORT, INC. SHALL BE CONDUCTED.

**NORTH BREVARD COUNTY HOSPITAL DISTRICT
OPERATING
PARRISH MEDICAL CENTER
FINANCE COMMITTEE**

A regular meeting of the Finance Committee of the North Brevard County Hospital District operating Parrish Medical Center was held on March 2, 2026, in Conference Room 2/3/4/5, First Floor. The following members, representing a quorum, were present:

Herman A. Cole, Jr., Chairperson
Stan Retz, Vice Chairperson
Robert Jordan, Jr., C.M.
Billy Specht
Billie Fitzgerald
Dan Aton
Christopher Manion, M.D.
George Mikitarian (non-voting)

Member(s) Absent:
None

A copy of the attendance roster of others present during the meeting is appended to the file copy of these minutes.

CALL TO ORDER

Mr. Cole called the meeting to order at 12:59 p.m.

REVIEW AND APPROVAL OF MINUTES

Discussion ensued and the following motion was made by Mr. Jordan seconded by Mr. Aton and approved (7 ayes, 0 nays, 0 abstentions.)

ACTION TAKEN: MOTION TO APPROVE THE JANUARY 5, 2026, MEETING MINUTES OF THE FINANCE COMMITTEE OF THE BOARD OF DIRECTORS OF THE NORTH BREVARD COUNTY HOSPITAL DISTRICT, AS PRESENTED.

FINANCIAL REVIEW

Mr. Moehring summarized the January financial statements of the North Brevard County Hospital District and the year-to-date financial performance of the Health System indicating positive progress continues to be made. Mr. Moehring answered questions and received comments from the members of the committee.

RESTATEMENT AND AMENDMENT OF 403(B) PLAN

Discussion ensued and the following motion was made by Mr. Jordan seconded by Mr. Retz and approved (7 ayes, 0 nays, 0 abstentions.)

MOTION: TO RECOMMEND THE BOARD OF DIRECTORS APPROVE THE RESOLUTION AND SECRETARY'S CERTIFICATE OF THE NORTH BREVARD COUNTY HOSPITAL DISTRICT APPROVING THE RESTATEMENT OF AND THE AMENDMENT TO THE NORTH BREVARD COUNTY HOSPITAL DISTRICT D/B/A PARRISH MEDICAL CENTER 403(B) QUALIFIED RETIREMENT PLAN.

MEMBERSHIP REAPPOINTMENT FOR LEIGH SPRADLING

Discussion ensued and the following motion was made by Mr. Jordan seconded by Mr. Specht and approved (7 ayes, 0 nays, 0 abstentions.)

MOTION: TO RECOMMEND THE BOARD OF DIRECTORS APPROVE THE REAPPOINTMENT OF LEIGH SPRADLING TO THE RETIREMENT PLANNING COMMITTEE OF THE HOSPITAL DISTRICT FOR A TWO-YEAR TERM BEGINNING MARCH 1, 2026 THROUGH MARCH 1, 2028.

MEMBERSHIP REAPPOINTMENT FOR CASEY CROUCH

The membership reappointment for Casey Crouch to the Retirement Planning Committee of the Hospital District has been tabled to the next meeting.

MEMBERSHIP REAPPOINTMENT FOR DAN ATON

Discussion ensued and the following motion was made by Mr. Jordan seconded by Mr. Specht and approved (7 ayes, 0 nays, 0 abstentions.)

MOTION: TO RECOMMEND THE BOARD OF DIRECTORS REAPPOINTMENT OF DAN ATON TO THE RETIREMENT PLANNING COMMITTEE OF THE HOSPITAL DISTRICT FOR A TWO-YEAR TERM BEGINNING APRIL 1, 2026 THROUGH APRIL 1, 2028.

ADJOURNMENT

There being no further business to come before the committee, the Finance Committee meeting adjourned at 1:22 p.m.

Herman A. Cole Jr
Chairperson



Healing Families – Healing Communities®

parrishmed.com

Finance Committee

FYTD March 31, 2026 – Performance Dashboard

Indicator	FYTD 2026 Actual	FYTD 2026 Budget	FYTD 2025 Actual
ED Visits	17,737	16,351	15,415
IP Admissions	2,636	2,515	2,416
Surgical Cases	2,816	2,692	2,780
LOS	4.96	5.00	5.38
OP Volumes	51,252	49,303	44,385
Hospital Margin %	12.35%	11.71%	11.50%
Investment Income \$	\$0.6 Million	\$0.8 Million	\$0.1 Million

EXECUTIVE COMMITTEE

Stan Retz, CPA, Chairman

Robert L. Jordan, Jr., C.M.

Herman A. Cole, Jr.

Elizabeth Galfo, M.D.

Billy Specht

George Mikitarian, President/CEO (non-voting)

**DRAFT AGENDA
EXECUTIVE COMMITTEE
NORTH BREVARD COUNTY HOSPITAL DISTRICT
OPERATING
PARRISH MEDICAL CENTER
MONDAY, MAY 4, 2026
FIRST FLOOR, CONFERENCE ROOM 2/3/4/5
IMMEDIATELY FOLLOWING FINANCE COMMITTEE**

CALL TO ORDER

- I. Approval of Minutes

Motion to approve the minutes of the March 2, 2026 meeting.

- II. Reading of the Huddle

- III. Report from Titusville City Council Liaison – Tom Abbate

- IV. Attorney Report – Mr. Boyles

- V. Executive Session (if needed)

ADJOURNMENT

NOTE: IF A PERSON DECIDES TO APPEAL ANY DECISION MADE BY THE BOARD WITH RESPECT TO ANY MATTER CONSIDERED AT THIS MEETING, HE/SHE WILL NEED A RECORD OF PROCEEDINGS AND, FOR SUCH PURPOSES, MAY NEED TO ENSURE A VERBATIM RECORD OF THE PROCEEDINGS IS MADE AND THAT THE RECORD INCLUDES TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.

PERSONS WITH A DISABILITY WHO NEED A SPECIAL ACCOMMODATION TO PARTICIPATE IN THIS PROCEEDING SHOULD CONTACT THE ADMINISTRATIVE OFFICES, AT 951 NORTH WASHINGTON AVENUE, TITUSVILLE, FLORIDA 32796, AT LEAST FORTY-EIGHT (48) HOURS PRIOR TO THE MEETING. FOR INFORMATION CALL (321) 268-6110.

THIS NOTICE WILL FURTHER SERVE TO INFORM THE PUBLIC THAT MEMBERS OF THE BOARD OF DIRECTORS OF NORTH BREVARD MEDICAL SUPPORT, INC. MAY BE IN ATTENDANCE AND MAY PARTICIPATE IN DISCUSSIONS OF MATTERS BEFORE THE NORTH BREVARD COUNTY HOSPITAL DISTRICT BOARD OF DIRECTORS EXECUTIVE COMMITTEE. TO THE EXTENT OF SUCH DISCUSSIONS, A JOINT PUBLIC MEETING OF THE NORTH BREVARD COUNTY HOSPITAL DISTRICT BOARD OF DIRECTORS EXECUTIVE COMMITTEE AND NORTH BREVARD MEDICAL SUPPORT, INC. SHALL BE CONDUCTED.

**NORTH BREVARD COUNTY HOSPITAL DISTRICT
OPERATING
PARRISH MEDICAL CENTER
EXECUTIVE COMMITTEE**

A regular meeting of the Executive Committee of the North Brevard County Hospital District operating Parrish Medical Center was held on March 2, 2026, in Conference Room 2/3/4/5, First Floor. The following members were present:

Stan Retz, CPA, Chairman
Robert L. Jordan, Jr., C.M., Vice Chairman
Herman A. Cole, Jr. (1:24 p.m.)
Elizabeth Galfo, M.D.
Billy Specht
George Mikitarian (non-voting)

Members Absent:
None

A copy of the attendance roster of others present during the meeting is appended to the file copy of these minutes.

CALL TO ORDER

Mr. Retz called the meeting to order at 1:23 p.m.

REVIEW AND APPROVAL OF MINUTES

Discussion ensued and the following motion was made by Dr. Galfo, seconded by Mr. Specht, and approved (4 ayes, 0 nays, 0 abstentions). Mr. Cole was not present at the time the vote was taken.

ACTION TAKEN: MOTION TO APPROVE THE JANUARY 5, 2026, MEETING MINUTES OF THE EXECUTIVE COMMITTEE OF THE BOARD OF DIRECTORS, AS PRESENTED.

READING OF THE HUDDLE

Dr. Galfo presented the Weekly Huddle.

ATTORNEY REPORT

CEO Performance Review, Agreement and Compensation

Mr. Boyles referenced the summary evaluation and individual evaluation forms previously distributed electronically to Board members for the CEO Performance Review. He noted that

EXECUTIVE COMMITTEE

MARCH 2, 2026

PAGE 2

Mr. Mikitarian received exceptionally high scores across all submitted evaluations. Ms. Lugo, having joined the Board in January 2026, elected not to submit an evaluation as she had only recently begun her service. The Committee commended Mr. Mikitarian for his excellent performance.

Mr. Boyles provided a brief update regarding the proposed changes to the State of Florida Sovereign Immunity limits, noting that the bill has passed the Florida House of Representatives. GrayRobinson will continue to monitor activity in the Florida Legislature and keep the Board informed.

OTHER

There was no other business to come before the committee.

ADJOURNMENT

There being no further business to discuss, the committee adjourned at 1:42 p.m.

Stan Retz, CPA
Chairman

EDUCATION COMMITTEE

Billie Fitzgerald, Chairperson
Melissa Lugo, Vice Chairperson
Robert L. Jordan, Jr., C.M. (ex-officio)
Elizabeth Galfo, M.D.
Billy Specht
Herman A. Cole, Jr.
Dan Aton
Stan Retz, CPA
Ashok Shah, M.D.
Mahmoud Barbarawi, M.D.
George Mikitarian, President/CEO (Non-voting)

**NORTH BREVARD COUNTY HOSPITAL DISTRICT
OPERATING
PARRISH MEDICAL CENTER
EDUCATIONAL, GOVERNMENTAL AND COMMUNITY RELATIONS COMMITTEE
MONDAY, MAY 4, 2026
FIRST FLOOR CONFERENCE ROOM 2/3/4/5**

CALL TO ORDER

- I. Review and Approval of Minutes

Motion to approve the minutes of the March 2, 2026 meeting.
- II. Memorandum of Understanding with FIT– Mr. Gachago
- III. Executive Session (if necessary)

ADJOURNMENT

NOTE: IF A PERSON DECIDES TO APPEAL ANY DECISION MADE BY THE EDUCATION COMMITTEE WITH RESPECT TO ANY MATTER CONSIDERED AT THIS MEETING, HE/SHE WILL NEED A RECORD OF PROCEEDINGS AND, FOR SUCH PURPOSES, MAY NEED TO ENSURE A VERBATIM RECORD OF THE PROCEEDINGS IS MADE AND THAT THE RECORD INCLUDES TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.

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**NORTH BREVARD COUNTY HOSPITAL DISTRICT
OPERATING
PARRISH MEDICAL CENTER
EDUCATIONAL, GOVERNMENTAL AND COMMUNITY RELATIONS COMMITTEE**

A regular meeting of the Educational, Governmental and Community Relations Committee of the North Brevard County Hospital District operating Parrish Medical Center was held on March 2, 2026, at 1:43 p.m. in Conference Room 2/3/4/5, First Floor. The following members were present:

Billie Fitzgerald, Chairperson
Robert L. Jordan, Jr., C.M.
Billy Specht
Herman A. Cole, Jr.
Dan Aton
Elizabeth Galfo, M.D.
Stan Retz, CPA
Ashok, Shah, M.D.
Melissa Lugo
George Mikitarian (non-voting)

Member(s) Absent:
Mahmoud Barbarwai, M.D. (excused)

CALL TO ORDER

Ms. Fitzgerald called the meeting to order at 1:43 p.m.

CONTACT CENTER UPDATE

Ms. Prigge provided an overview of the Parrish Medical Group Contact Center, including past operations and the new system now in place. Ms. Prigge answered questions and received comments from committee members. Copies of the Power Point slides presented by Ms. Prigge are appended to the file copy of these minutes.

OTHER

No other items were presented for consideration by the committee.

ADJOURNMENT

There being no further business to come before the committee, the Educational, Governmental and Community Relations Committee meeting adjourned at 2:13 p.m.

Billie Fitzgerald,
Chairperson

Another Strategic Partnership Focused on the Future of Healthcare

Presented by John Gachago, VP Digital Innovation
May 4, 2026

Healing Experiences for Everyone All the Time®

parrishhealthcare.com

Memorandum of Understanding (MOU)



Healing Experiences for Everyone All the Time[®]

parrishhealthcare.com

Why the Partnership Matters

Space Care Lab Collaboration

- Advancing healthcare research, innovation, education and workforce development
- Translating emerging technology into real clinical workflows
- Creating a joint Space Care Lab collaborative
- Developing dual-use solutions for Earth and Space

Collaboration Scope

- Digital Health
- Telehealth
- Remote Patient Monitoring
- Physiologic Monitoring
- Human Performance
- Behavioral Health
- AI-enabled Diagnostics
- Clinical Decision Support
- Healthcare Cybersecurity
- Mobile Health Delivery
- Workforce Training

Phased Approach

Prove value first, then scale

- Pilot: accuracy, workflow, cybersecurity
- Limited Use: clinician verification + expanded data
- Integration: E H R decision support + continuous monitoring

Governance

Joint Steering
Committee



- Sets priorities, reviews progress
- Defines Goals/KPIs, compliance, security, budget, etc.

Project
Management



- Separate MOA, SOW, and/or sponsored research agreements

Work Groups



- Clinical Ops, Data/AI, Cybersecurity, Regulatory/IRB

Guardrails that keep work safe

- Comply with privacy, data protection, cybersecurity and all other regulatory requirements
- IRB approval
- Each party owns its own data
- Joint datasets governed by protocol and project terms

Protecting Inventions & Sensitive Information

- Intellectual property (IP) stays with the party that brings it
- Newly created IP is defined in project agreements
- Third-party tech uses separate provider agreements
- Confidentiality applies
- Florida public-records rules apply

Sharing Results and Setting Expectations

- Publication encouraged (subject to IRB/sponsor review)
- Public announcements (joint, requiring pre-approval)
- MOU term = 5 years
- Termination 90-day written notice
- Generally non-binding; project agreements create specific obligations

Key Takeaways

- MOU creates path from research to adoption
- Space Care Lab shared 'engine' for innovation
- Phased approach reduced risk
- Clear governance and project management approach
- Privacy, cybersecurity, IRB and IP addressed at onset

Summary & Next Steps

Why?

- Translate research into validated solutions

How?

- Phased adoption
- JSC Governance
- Project Specific Agreements

Next Steps?

- Confirm use cases
- Form JSC
- Select Phase 1 pilots & metrics

Questions?

DRAFT AGENDA
BOARD OF DIRECTORS MEETING - REGULAR MEETING
NORTH BREVARD COUNTY HOSPITAL DISTRICT
OPERATING
PARRISH MEDICAL CENTER
MAY 4, 2026
NO EARLIER THAN 2:00 P.M.,
FOLLOWING THE LAST COMMITTEE MEETING
FIRST FLOOR, CONFERENCE ROOM 2/3/4/5

CALL TO ORDER

- I. Pledge of Allegiance
- II. PMC's Vision – *Healing Families – Healing Communities*
- III. Approval of Agenda
- IV. Recognitions(s)
 - A. Imran Rashid, MD
 - B. Shining Star Awards
 - C. New Providers (memo included)
- V. Review and Approval of Minutes (March 2, 2026 Regular Meeting)
- VI. Open Forum for PMC Physicians
- VII. Public Input and Comments***¹
- VIII. Unfinished Business***
- IX. New Business***
- X. Medical Staff Report Recommendations/Announcements – Dr. Patel
- XI. Public Comments (as needed for revised Consent Agenda)
- XII. Consent Agenda***
 - A. Quality Committee
 1. **Motion to recommend the Board of Directors approve Alyah Bridges, MPH, CPH, CIC, qualified through education, training, experience, and certification in infection prevention to be responsible for the infection prevention and control program.**

BOARD OF DIRECTORS MEETING

MAY 4, 2026

PAGE 2

***1 Pursuant to PMC Policy 9500-154:

- non-agenda items – 3 minutes per citizen
- agenda items for board action -- 3 minutes per citizen, permitted prior to board discussion for regular agenda action items and prior to board action on consent agenda
- 10 minute total per citizen
- must be related to the responsibility and authority of the board or directly to an agenda item [see items marked ***]

XIII. Committee Reports

- A. Quality Committee
- B. Finance Committee
- C. Executive Committee
- D. Educational, Governmental and Community Relations Committee
- E. Planning, Physical Facilities & Properties Committee

XIV. Process and Quality Report – Mr. Mikitarian

- A. Other Related Management Issues/Information
- B. Hospital Attorney - Mr. Boyles

XV. Other

- A. Monthly Media Report (memo included)

XVI. Closing Remarks – Chairman

ADJOURNMENT

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ANY MEMBER OF THE PUBLIC THAT WILLFULLY INTERRUPTS OR DISTURBS A MEETING OF THE BOARD OF DIRECTORS IS SUBJECT TO REMOVAL FROM THE MEETING BY AN OFFICER AND SUCH OTHER ACTIONS AS MAY BE DEEMED APPROPRIATE AS PROVIDED IN SECTION 871.01 OF THE FLORIDA STATUTES.

THE AMERICAN BOARD OF INTERNAL MEDICINE

INCORPORATED 1936

HEREBY ACKNOWLEDGES THAT

Imran Rashid

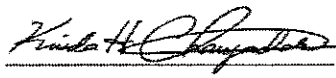
HAS MAINTAINED CERTIFICATION FOR OVER

THIRTY YEARS

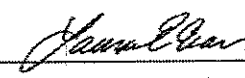
DEMONSTRATING AN ONGOING COMMITMENT TO
STAYING CURRENT IN KNOWLEDGE AND PRACTICE



ROBERT O. ROSWELL, MD
CHAIR, ABIM BOARD OF DIRECTORS



KRISDA H. CHAIYACHATI, MD
CHAIR-ELECT, ABIM BOARD OF DIRECTORS



LAURA E. EVANS, MD
CHAIR, ABIM COUNCIL



FURMAN S. MCDONALD, MD
ABIM PRESIDENT



Healing Families – Healing Communities®

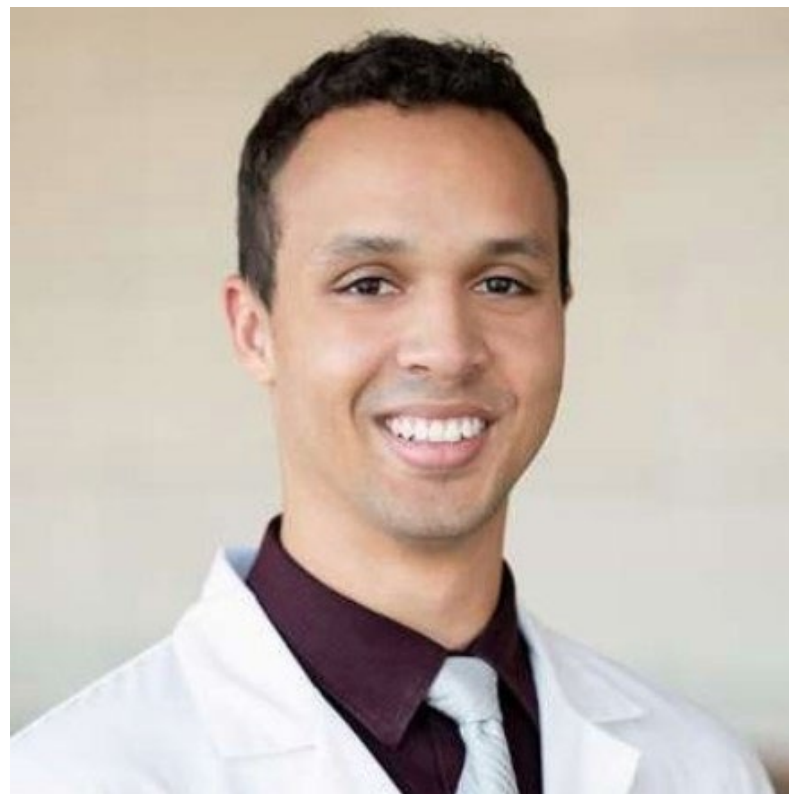
parrishhealthcare.com

Mark Goss, MD – Orthopedics/Sports Medicine Parrish Medical Group

Medical College of Wisconsin

**Medical College of Wisconsin
Affiliated Hospitals Program –
Orthopedic Surgery**

**Andrews Research &
Educational Foundation Sports
Medicine Fellowship**



*** Board eligible**

Alexis Goss, MD – Family Practice

Parrish Medical Group

- **Medical College of Wisconsin**
- **ProHealth Waukesha
Memorial Hospital Wisconsin
Family Medicine**
- **Aurora Healthcare Memorial
Hospital of Wisconsin Family
Medicine**
- **American Board of Family
Medicine**



Mohammed Alsakka, MD

Hospitalist – Apogee Physicians

- **Tanta University Faculty of Medicine & Surgery, Tanta Egypt**
- **Damat Regional Hospital, Damat, Egypt**
- **St. Luke's Hospital, Chesterfield, MO**



Saeed Bashir, MD – Interventional Radiology

Northern Light Imaging

- **New York Medical College, Valhalla NY**
- **Albert Einstein Medical Center, Jefferson Einstein Philadelphia Hospital Program Diagnostic Radiology**
- **Nuvance Health Consortium Norwalk Hospital/Yale University Interventional Radiology Fellowship**



Michael Sorbello, DO – Diagnostic Radiology

Northern Light Imaging

- **West Virginia School of Osteopathic Medicine**
- **Grandview Hospital-Core Ohio Radiology (Residency)**
- **Lehigh Valley Hospital Fellowship**



**NORTH BREVARD COUNTY HOSPITAL DISTRICT
OPERATING
PARRISH MEDICAL CENTER
BOARD OF DIRECTORS – REGULAR MEETING**

A regular meeting of the Board of Directors of the North Brevard County Hospital District operating Parrish Medical Center (the District) was held at 2:29 p.m. on March 2, 2026 in Conference Room 2/3/4/5, First Floor. The following members were present:

Robert L. Jordan, Jr., C.M., Chairperson
Stan Retz, Vice Chairperson
Herman A. Cole, Jr.
Dan Aton
Billy Specht
Billie Fitzgerald
Ashok Shah, M.D.
Melissa Lugo

Member(s) Absent:
Elizabeth Galfo, M.D. (excused)

A copy of the attendance roster of others present during the meeting is appended to the file copy of these minutes.

CALL TO ORDER

Mr. Jordan called the meeting to order at 2:29 p.m. and determined a quorum was present per Article 1.1.4 of the District Bylaws.

PLEDGE OF ALLEGIANCE

Mr. Jordan led the Board of Directors, staff and public in reciting the Pledge of Allegiance.

PMC'S VISION – *Healing Families – Healing Communities*®

Mr. Jordan led the Board of Directors, staff and public in reciting PMC's Vision – *Healing Families – Healing Communities*®.

APPROVAL OF MEETING AGENDA

Mr. Jordan requested approval of the meeting agenda in the packet as revised. Discussion ensued and the following motion was made by Mr. Cole, seconded by Mr. Specht, and approved (8 ayes, 0 nays, 0 abstentions).

ACTION TAKEN: MOTION APPROVING THE REVISED MEETING AGENDA OF THE BOARD OF DIRECTORS OF THE DISTRICT AS PRESENTED.

RECOGNITIONS

Ms. Sellers recognized the care partners who received the 2026 *Bag It Like You Mean It* award from the Brevard Homeless Coalition. Additionally, Ms. Sellers recognized Matthew Morak as the Lead Brevard 4 under 40 award recipient.

REVIEW AND APPROVAL OF MINUTES

Discussion ensued and the following motion was made by Mr. Cole, seconded by Dr. Shah, and approved (8 ayes, 0 nays, 0 abstentions).

ACTION TAKEN: MOTION APPROVING THE MINUTES OF THE JANUARY 5, 2026, REGULAR MEETING OF THE BOARD OF DIRECTORS OF THE NORTH BREVARD COUNTY HOSPITAL DISTRICT DBA PARRISH MEDICAL CENTER, AS PRESENTED.

OPEN FORUM FOR PMC PHYSICIANS

There were no physician comments.

PUBLIC COMMENTS

There were no public comments

UNFINISHED BUSINESS

There was no unfinished business.

NEW BUSINESS

North Brevard Medical Support Liaison Report

Mr. Retz presented the North Brevard Medical Support Liaison report from its February 12, 2026, meeting and answered any questions presented.

CONSENT AGENDA

Discussion ensued regarding the consent agenda, and the following motion was made by Mr. Cole, seconded by Mr. Retz, and approved (8 ayes, 0 nays, 0 abstentions).

ACTION TAKEN: MOTION TO APPROVE THE FOLLOWING REVISED CONSENT AGENDA ITEMS:

Consent Agenda

A. Finance Committee

1. Motion to recommend the Board of Directors approve the resolution and secretary's certificate of the North Brevard County Hospital District approving the restatement of and the amendment to the North Brevard County Hospital District d/b/a Parrish Medical Center 403(b) Qualified Retirement plan.
2. Motion to recommend the Board of Directors approve the reappointment of Leigh Spradling to the Retirement Planning Committee of the Hospital District for a two-year term beginning March 1, 2026 through March 1, 2028.
3. Motion to recommend the Board of Directors approve the reappointment of Dan Aton to the Retirement Planning Committee of the Hospital District for a two-year term beginning April 1, 2026 through April 1, 2028.
reappointment

COMMITTEE REPORTS

Quality Committee

Mr. Jordan reported all items were covered during the Quality Committee meeting.

Finance Committee

Mr. Cole reported all items were covered during the Finance Committee meeting.

Executive Committee

Mr. Retz reported all items were covered during the Executive Committee meeting.

Educational, Governmental and Community Relations Committee

Mr. Jordan reported the Educational, Governmental and Community Relations Committee did not meet.

Planning, Physical Facilities and Properties Committee

Mr. Jordan reported the Planning Physical Facilities and Properties Committee did not meet.

Process And Quality Report

No additional information was presented.

Hospital Attorney

Legal counsel had no further report.

OTHER

There was no other business to come before the Board.

CLOSING REMARKS

There were no closing remarks.

ADJOURNMENT

There being no further business to discuss, the Parrish Medical Center Board of Directors meeting adjourned at 2:44 p.m.

Robert L. Jordan, Jr., C.M.
Chairman

**NORTH BREVARD COUNTY HOSPITAL DISTRICT
OPERATING PARRISH MEDICAL CENTER
MEDICAL EXECUTIVE COMMITTEE MEETING – REGULAR SESSION MINUTES
April 21, 2026**

Present: Dr. Ochoa, Dr. Rajan, Dr. Manion, Dr. Navas, Dr. Musto, C. McAlpine, Dr. K. Patel, Dr. Stuart, H. Cole, Dr. Gabriel, Dr. Bhola, G. Mikitarian, P. Carmona

Absent: Dr. Stuart, Dr. Jacobs, Dr. Motolenich

A meeting of the Medical Executive Committee of the North Brevard County Hospital District operating Parrish Medical Center was called to order on April 21, 2026 at 5:30pm in the Conference Center. A quorum was determined to be present.

CALL TO ORDER.

Dr. K. Patel called the meeting to order at 5:30p.

I. REVIEW AND APPROVAL OF MINUTES

Motion to approve the Regular Session minutes of March 17, 2026 as written and distributed *was made by M. Navas, MD, seconded by C. Rajan, DO, and unanimously approved.*

2. Old Business: None.

3. New Business:

a. Welcome Paul Murphree, DO, Chartis

b.

CONSENT AGENDA - STANDING ORDER

- Lumbar Puncture Pre-Procedure E3714 - Triennial Review. No changes made.
- Lung Biopsy Pre E3716 - Triennial Review. No changes made.
- Superficial Biopsy Pre-Procedure E3718 - Triennial Review. No changes made.
- Thoracentesis Pre-Procedure E3720 - Triennial Review. No changes made.
- Thyroid Biopsy Pre-Procedure E3722 - Triennial Review. No changes made.

MOTION to approve the Consent Agenda as written and distributed was made by Dr. Bhola, seconded by Dr. Stuart and unanimously approved.

I. Policies for Review: Distributed electronically April 10, 2026

- **Pre-Event Smallpox Vaccination Program**

Since last approval, updated format to current standard, updated initiator, minor grammatical edits, no content update

- **Criteria for Global Endometrial Ablation Credentialing**

Since last approval, updated format to current standard, updated initiator, no content update

- *****Retire*** Telemetry Admission Criteria**

Combined/Replaced by **Telemetry Monitoring** (Policy Stat 17990767)

- **Standard Admission Times**

Since last approval, updated format to current standard, updated initiator, no content update

- **Admission/Discharge Transfer During a Hurricane**

Updated format to current standard, updated initiator, no edit to content

- **Direct Admissions**

Updated workflow, no edits

- **Interdepartmental Access to Minutes of Meetings**

Updated the initiator, no edit to content

- **IV Infusion of Vasoactive Medications**

Updated the initiator, no edits to content

- **Antimicrobial Stewardship Program**

Amended to reflect the individuals over the program are responsible for the outcome/s per TJC guidelines.

- **Compounded Sterile Products**

Approved P&T Committee March 25, 2026.

- **Medication Management**

Approved P&T Committee March 25, 2026

- **Pain Management – Assessment & Reassessment**

Updated to 2026 TJC standards. Addition of patient education section. Re-wording of "Pain Medication Prior to Discharge" section in accordance with MEC recommendations, collaboration with Dr. Kevat Patel and Dr. Rajan. References reviewed and updated, 2026 TJC standards added.

- **Serious Reportable Events** (formerly Public Notice of Never Events)

Updated V.A 6 to be more defined in the interview process for patients and/or family members

- **Steam Sterilization and Monitoring**

No edits

- **Automated Dispensing Machine**

Added Pyxis authorization form

- **Controlled Substances**

Approved by P&T 3/25/2026

- **Obstetrical Services**

Recommendations from Corporate Compliance/EMC made to include defining which care partners require training and expanded on transfer protocols

- **Patient Safety Plan**

Robin Starkweather; made some minor changes to reflect current practice

- **Patient's Personal Medications**

Approved by P&T 3/25/2026

MOTION TO APPROVE THE POLICIES AS WRITTEN AND DISTRIBUTED was made by Dr. Musto, seconded by Dr. Bhola and unanimously approved.

At the request of Dr. Nicholas Pefkaros and Space Coast Ophthalmology, the Committee reviewed the materials provided by the American Board of Certification in Medical Optometry, along with the recommended delineated privileges as provided by the American Optometric Association.

MOTION to return to the CMEC at their May 11, 2026 regularly scheduled meeting with a proposed set of delineated privileges for Optometry to include the requirements for credentialing and reference "in consultation with the Ophthalmologist". The motion was made by Dr. Rajan, seconded by Dr. Musto and unanimously approved.

Report from Administration: None

Report from the Board: The Quality Committee of the Board of Directors and the REGULAR Session of the Board of Directors (both dated February 2, 2026) were distributed as written and entered into the minutes.

7. Open Forum: None.

NEXT MEETING: MAY 19, 2026

Kevat Patel, MD
President, Medical Staff

Christopher Manion, MD
Secretary/Treasurer

MONTHLY MEDIA REPORT – March 2026



Please note where you see “impressions” the figure refers to the number of homes or individuals exposed to a message from Parrish Healthcare. The figure is calculated using circulation numbers as reported by the various publishers (where available) multiplied by the number of times Parrish Healthcare is mentioned, pictured, or number of times an advertisement ran in a month.

Summary of Total Impressions	116,831,259
-------------------------------------	--------------------

	<u>Estimated Impressions</u>
Community Outreach (Attendees)	3,223

Gateway to Space 5k/10k (March 7) ***(Attendance 1000)***

Water Stop Sponsor (\$1,000): Sponsor logo on social media, signage at Water Stop and post-event snack station; opportunity to include printed material in racer packets.

Spirit of Brevard Trivia Championship (March 7) ***(Attendance 275)***

Table and ad sponsor (\$830): Full page ad and table sponsor. Ad prominently placed in event program.

Chuck Wagon 5k Benefiting Brittany’s Wish (March 7) ***(Attendance 200)***

Platinum Sponsor (\$1,500): Logo on t-shirts, website and social media, company banner displayed at race; table & tent; option to include printed material in race packets. Alex Gutierrez supported event at Parrish table.

Indian River Church Christian Academy Gala & Golf (March 6-7) ***(Attendance 300)***

Silver Orbit Sponsor (\$1,000): Signage at both events; public recognition and thank you; social media recognition for both events; hole sign at golf event, two gala tickets.

Chamber of Commerce Luncheon (March 11) ***(Attendance 50)***

Shannon Luker, oncology, delivered the sponsor message (colorectal cancer awareness) and provided rack cards to attendees.

Blood Drive (March 19) ***(Attendance 8)***

8 donors provided 8 units of blood providing the potential to save 24 lives. To date this year, 24 units have been collected during two blood drives with the potential to save 72 lives.

Pilot Club of Titusville Fashion Show (March 21) ***(Attendance 190)***

Table Sponsor (\$2,500): Social media posts, table for 8 guests, ad in program; organization promoted during event.

GR8 to DON8 Race Event (March 28) ***(Attendance 1,200)***

Sponsored with item for racer bags. 600 BE FAST Spot a Stroke Magnets provided. Event was held at Lyman High School, Longwood, FL.

Print Advertising/Impressions	1,109,573
<i>Brevard Business News (40,000/Issue – Weekly - Contact: Adrienne Roth)</i>	NA
<ul style="list-style-type: none"> • 3.2026 – Ads paused 	
<i>Boomer Guide (26,000, annual publication – Contact Sylvia Montes)</i>	26,000
<ul style="list-style-type: none"> • 3.31.25 – Full Page Back Cover (Your Health Is Your Greatest Asset) 	
<i>Happenings (5,500/Issue – Monthly and Weekly - Contact: Randy Rodriquez)</i>	5,500
<ul style="list-style-type: none"> • 3.2026 – Cover Ad (Andre Gabriel, MD - Cardiologist) • 3.2026 – Full Page Back Cover (Cardiovascular General) • 3.2026 – Full Page (Support Groups) 	
<i>Hometown News (14,725/Issue – Weekly - Contact: Rodney Bookhardt)</i>	58,900
<ul style="list-style-type: none"> • 3.06.2026 – Full Page (PHC-PSJ Services) • 3.13.2026 – Full Page (Cardiology General) • 3.20.2026 – Full Page (PHC-NT Services) • 3.27.2026 – Full Page (PMG Primary Care Partners) 	
<i>Florida Today (50,000/Issue – Daily - Contact: Local IQ)</i>	650,000
<ul style="list-style-type: none"> • 3.05.2026 – Half Page (BE FAST Stroke Symptoms) • 3.22.2026 – Full Page (PHC-PSJ Services) • 3.29.2026 – Full Page (Doctors’ Day) • 3.02.2026 – Front Page Strip Ad (Lifelong Wellness. We’re With You.) • 3.04.2026 – Front Page Strip Ad (Lifelong Wellness. We’re With You.) • 3.06.2026 – Front Page Strip Ad (Lifelong Wellness. We’re With You.) • 3.08.2026 – Front Page Strip Ad (Lifelong Wellness. We’re With You.) • 3.13.2026 – Front Page Strip Ad (Lifelong Wellness. We’re With You.) • 3.15.2026 – Front Page Strip Ad (Lifelong Wellness. We’re With You.) • 3.22.2026 – Front Page Strip Ad (Lifelong Wellness. We’re With You.) • 3.25.2026 – Front Page Strip Ad (Lifelong Wellness. We’re With You.) • 3.27.2026 – Front Page Strip Ad (Lifelong Wellness. We’re With You.) • 3.29.2026 – Front Page Strip Ad (Lifelong Wellness. We’re With You.) 	
<i>Investing in Your Health Today (25,000/Issue –Monthly - Contact: Barbara Rhoden)</i>	25,000
<ul style="list-style-type: none"> • 3.2026 – Full Page (PHC-NT Services) • 3.2026 – Full Page (Lifelong Primary Care Partners) • 3.2026 – Full Page (Support Groups) 	
<i>Ebony News (1,500/Digital – Monthly - Contact: Barbara Rhoden)</i>	1,500
<ul style="list-style-type: none"> • 3,2026 – Full Page (PHC-NT Services) • 3.30.2026 – Digital Ad (Your Heart Care Partners) 	
<i>The Great Outdoors – Happenings (3,500/Edition – Weekly - Contact: Greg Wostrel)</i>	11,000
<ul style="list-style-type: none"> • 3.11.2026 – Full Page (Cardiology General) 	

- 3.20.2026 – Full Page (Primary Stroke Center)
- 3.2026 – 14th Hole Granite Tee Marker (48,000 golfers annually; 4,000 monthly)

Savings Safari (51,000/Edition – Bi-monthly - Contact: Barbara Strickland) 153,000

- 3.03.2026 – Full Page Insert (Lifelong Primary Care Partners)
- 3.17.2026 – Full Page Insert (Cardiology General)
- 3/31/26 – Full Page Insert (BE FAST Stroke Symptoms)

Space Coast Living (10,000/edition–5 Editions Annually-Contact: Lori Weisman) 10,000

- 3.2026 – Full Page (Lifelong Primary Care Partners)

Space Coast Daily (60,00/edition – Monthly/Digital Daily - Contact: Giles Malone) 120,000

- 3.15.2026 – Full Page (Lifelong Primary Care Partners)
- 3.08.2026 – Front Page Digital (Fast. Expert. Emergency Care.)

Lifetimes Newsletter (Mailed Quarterly to North Brevard Zip Codes) Spring Issue 45,173

- 3.27.2026 – LifeTimes Spring issue

Titusville Playhouse Playbill (Based on number of monthly performances) 3,500

- 3.2026 – The Prince of Egypt (Mar. 6 - 29) – Full Page (Spotlight on Care)
- 3.2026 – Honky Tonk Angels (Stage 2; Mar. 20 - 29) – Full Page (Cardiology General)

Broadcast and Digital Ad Impressions	1,013,199
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WFTV.com

- Impressions: 523,299
- Clicks: 1,844
- CTR: 0.40%

WFTV-OTT (Over the Top)

- Impressions: 40,028
- Video Completes: 39,612
- Video Completion Rate: 98.96%

WFTV (Amazon Streaming)

- Impressions: 131,958
- Video Completes: 127,320
- Video Completion Rate: 96.50%

Cumulus DNA Digital Ads and Radio Spots:

- Digital Impressions: 72,439; Clicks: 83; CTR: 0.11
- WHKR 102.7FM – HitKicker Reach: 61,200; Radio: 76 Monthly (:30 second spots this year!)
- WHKR 102.7FM – Streaming (added this year) HitKicker Reach: 10,500; Radio: 76 Monthly (:30 second spots this year!)
- WA1A 107.1FM – A1A Contemporary Pop: Reach: 86,800; 76 Monthly (:30 second spots this year!)

- WA1A 107.1FM – (Streaming added this year) A1A Contemporary Pop: Reach: 11,375; 76 Monthly (:30 second spots this year!)
- WA1A 107.1FM – Parrish Healthcare’s “Healthy Tips in 26” Healthy Living Radio Ads Reach: 75,600; 60 Monthly (60 second spots)

Spectrum Reach (Streaming and TV)

- Impressions: 104,865
- Video Completes: 102,768
- Video Completion Rate: 98.00%

iHeart

- WLRQ-FM: Reach 27,900; Spots: 93 (30 seconds)
- iHeart Radio App Impressions: 93,101

Social Media Channels	1,031,544
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Facebook:

- **Parrish Healthcare:** Views –1,000,576; Followers – 8,297
- **The Children’s Center:** View – 4,935; Followers – 159
- **Parrish Health & Wellness:** Views – 8,733; Followers – 339

Instagram: Reach –8,689; Followers - 782

X (Twitter): Followers – 717

LinkedIn: Followers – 4,513; Impressions – 8,007

YouTube:

- Total Views: 604
- Total Subscribers: 501
- New Subscribers: 4

Top 5 YouTube Videos (Total Video Views in March – 604):

- Happy Doctors’ Day: **113**
- Alzheimer’s SOS: Vascular Dementia: **46**
- Daily Two Segment Featuring Dr. Gabriel: **31**
- Patient Testimonial – Christine: **31**
- Patient Testimonial – Meet Voncile/Dr. Gabriel: **30**

TV Impressions	2,243,600
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Station	Spots	Impressions
WFTV	97	1,917,400
WRDQ	100	326,200
Spectrum News 13	410	See Note Below
Total	607	2,243,600

Spectrum News 13 does not report impressions because of the magnitude of linear TV impressions they receive (i.e., televisions in businesses/commercial spaces, corporate offices, schools, etc.)

Commercials Aired:

Service Line	Title	ISCI	Impressions (000) A18+
Cardio	Amanda :120	PHCAMANDA120	19
Cardio	Cardio :05	PHCCARDIO2505	111.3
Cardio	Cardio :10	PHCCARDIO2510	625.5
Cardio	Cardio :15	PHCCARDIO2515	660.90
Cardio	Cardio :30	PHCCARDIO2530	557.9
Cardio	Voncile :60	PHCVONCILE60	149.8
SQUEEZEBACK			119.2
Grand Total			2,243.6

Outdoor Advertising/Billboard/Bus Impressions 1,819,395

Billboards (Lamar – Contact: Jennifer Rzepiejewski, Clear Channel – Contact: Joe Schmitt):

Lamar – 4 Billboards (Messages & Locations) 457,204

- **3666:** US1/Washington Ave. 1 MI N/O Garden St NB; (Where New Beginnings Are Born - Women's Health, Maternity)
- **3406:** US1 @ Blacks Rd. N/B; (Your Heart Deserves the Best – Cardiology)
- **1360:** US1-E/S N/O SR 528 S/B; (Your Heart Deserves the Best – Cardiology)
- **3667:** Washington Ave 1 MI n/o Garden St S/B; (Where New Beginnings Are Born - Women's Health, Maternity)

Clear Channel – 17 Billboards (Message & Location) 1,362,191

- **5839:** US 1 WS 3.2mi N/O SR 528 F/N – 1, Cocoa; 81,829 (Open Interviews)
- **5584:** Grissom Pkwy NS 1mi W/O Industry Rd F/W - 2, Cocoa; 47,988 (Emergency? We're Ready)
- **5514:** US 1 ES 1.5mi N/O SR 528 F/S – 2; 107,258 988 (Emergency? We're Ready)
- **5333:** US 1 WS 1.3mi N/O SR 406 Garden St F/N – 2; 96,930 (Fast, Expert. Emergency Care.)
- **5332:** US 1 WS 1.3mi N/O SR 406 Garden St F/S – 1; 75,254 (Restoring Comfort, Renewing Confidence)
- **5331:** US 1 WS 1.5mi N/O SR 406 Garden St F/S – 1; 75,506 (Emergency? We're Ready)
- **5330:** US 1 WS 1.5mi N/O SR 406 Garden St F/N – 2; 92,942 (Your Heart Deserves the Best)
- **5329:** US 1 WS 0.2mi S/O SR 50 F/S – 1; 77,766 (Restoring Comfort, Renewing Confidence)
- **5306:** US 1 WS 0.7mi N/O SR 528 F/N – 2; 108,105 (Get Back to What Moves You)
- **5006:** US 1 ES 2.7mi N/O SR 528 F/S – 2; 97,000 (Fast, Expert. Emergency Care.)

- **3321:** US 1 WS 3.3mi N/O SR 528 F/S – 1; 76,697 (*Restoring Comfort, Renewing Confidence*)
- **1904:** SR 405 SS 0.5mi W/O SR 407 F/W – 1; 76,193 (*Emergency? We're Ready*)
- **1903:** SR 405 SS 0.5mi W/O SR 407 F/E – 2; 63,925 (*Fast, Expert. Emergency Care.*)
- **1538:** US 1 WS 2.3mi S/O SR 405 F/N – 2; 84,413 (*Get Back to What Moves You*)
- **1537:** US 1 WS 2.3mi S/O SR 405 F/S – 1; 77,547 (*Emergency? We're Ready*)
- **1155:** US 1 WS 1.4mi S/O SR 405 F/S – 2; 65,656 (*Your Heart Deserves the Best*)
- **1034:** US 1 WS 1.4mi S/O SR 405 F/S – 1; 57,181 (*Fast. Expert. Emergency Care.*)

Bus Wraps (Clear Channel – Contact: Joe Schmitt)

**Not audited by Geopath for metrics and no estimate at this time when data will be available.*

- Bus 1 (MEL0012222)
- Bus 2 (1086572-MEL)

Brevard County Public Schools Van Wrap (Contact: Yvette Cruz)

**Not audited by Geopath for metrics and no estimate at this time when data will be available.*

- 3-Year Commitment (Aug. 1, 2025 – July 31, 2028). Van wrap will be prominently displayed on vehicles used by North Brevard high schools — Astronaut, Space Coast, and Titusville. These vans serve as transportation for athletic teams and student extracurricular groups, traveling thousands of miles annually throughout Brevard County and across Florida for regional and state competitions.

News Releases Issued by Parrish


109,536,725

- 3.06.26 – Happenings: Jess Parrish Medical Foundation Celebrates Ribbon Cutting of Healthcare Hero Park, Parrish Healthcare and Infigo Clinical Research Partner to Advance Community Health; Expanding Clinical Trail Access in North Brevard County, Parrish Healthcare Open Interviews ****5,500**
- 3.13.26 – Happenings: Parrish Medical Center Opens Retail Pharmacy in Partnership with PharmD on Demand, Parrish Medical Group OB-GYN Welcomes Midwife David Carter-Plake, Ph.D., BSM, LM, CPM, C-EFM, Parrish Healthcare Open Interviews ****5,500**
- 3.17.26 – Hometown News: Parrish Medical Center Earns Renewed Certification for Stroke Care ****14,725**
- 3.20.26 – Happenings: Parrish Medical Center Earns National Stroke Care Recertification - Re-Certified by the Joint Commission and American Stroke Association ****5,500**
- 3.20.26 – Hometown News: Parrish Medical Center Earns Renewed Certification for Stroke Care
- 3.26.26 – Business Wire - PR Newswire: Parrish Healthcare Selects MEDITECH Expanse for Unified Patient Record ****109,500,000**
- 3.27.26 – Florida Today: Leading the Way in Vascular Treatments in Brevard County
- 3.27.26 – Happenings: Parrish Healthcare Open Interviews ****5,500**


****Editions not included under Print Advertising/Impression section**

 Pickup


564

 Traffic

4.9K






 Engagement

2.6K

 Audience

109.5M

Pickup by PR Newswire Media Partner Websites - Top Outlets

Outlet Name	Location	Source Type	Industry	Potential Audience
 AP NEWS [The Associated Press]	United States	News & Information Service	Media & Information	39,035,657 ⁽¹⁾ visitors/month
 Morningstar	Global	Financial Data, Research & Analytics	Financial	4,368,507 ⁽¹⁾ visitors/month
 KTLA [Los Angeles, CA]	United States	Broadcast Media	Media & Information	3,555,643 ⁽¹⁾ visitors/month
 PR Newswire	Global	PR Newswire	Media & Information	3,226,957 ⁽¹⁾ visitors/month
 WJW-TV FOX-8 [Cleveland, OH]	United States	Broadcast Media	Media & Information	3,055,445 ⁽¹⁾ visitors/month

News Releases Issued by Others

74,000

- 3.02.26 – Viera Voice: Parrish Health & Fitness Center Reopens After Being Closed Since 2020 ****24,000**
- 3.12.26 – Florida Today: Parrish Medical Center and PharmD Expand Service in North Brevard ****50,000**
- 3.15.26 – Florida Today: Parrish Medical Center and PharmD Expand Service

****Editions not included under Print Advertising/Impression section**

PRINT ADS

PARRISH HEALTHCARE CARDIOVASCULAR

PUT YOUR HEART IN THE BEST HANDS

Whether you need routine checkups, diagnostic testing or specialized treatment, Parrish Healthcare's experienced team of cardiologists offer personalized treatment plans and compassionate care to keep your heart healthy!

- Heart Attack (Acute Myocardial Infarction)
- Electrophysiology (Atrial Fibrillation and Irregular Heartbeat)
- Interventional and Peripheral
- Primary Stroke Care
- Heart Failure and Heart Valves
- Cardiovascular Rehabilitation
- Sleep Disorders
- Respiratory Therapy
- Chronic Obstructive Pulmonary Disease

Visit parrishhealthcare.com/cardiovascular

PARRISH HEALTHCARE | **Cleveland Clinic Connected**
Healing Experiences for Everyone All the Time®

YOUR HEALTH IS YOUR GREATEST ASSET

At Parrish Healthcare, we're here to support you in being your best and healthiest self—let's thrive together!

We are proud to offer the following services and more:

- Primary Care
- Cardiovascular
- Oncology
- Women's Health & Obstetrics
- Orthopedics & Sports Medicine
- Urology
- Gastroenterology
- General Surgery
- Geriatrics & Senior Health
- Diagnostic Imaging
- Lab Services
- Sleep Services

To learn more or schedule an appointment call 321-268-6868 or visit parrishhealthcare.com

PARRISH HEALTHCARE | **Cleveland Clinic Connected**
Healing Experiences for Everyone All the Time®

Lifelong Primary Care Partners

Lifelong health starts here. Your Parrish Medical Group primary care physician is your partner in lifelong wellness. As your first point of contact within our trusted health care network, they ensure you have seamless access to the care, resources, and support you need to live well—today and for years to come.

Primary Care Physicians Will:

- Conduct Yearly Check-ups
- Prescribe Medications and Order Necessary Lab Tests
- Administer Immunizations
- Help Patients Establish and Achieve Health Goals
- Educate Patients About Health Issues
- Provide Advice and Insight Into Health Concerns
- Introduce and Connect Patients to Local Health Programs
- Facilitate Referrals to Specialized Care—Connecting You with Experts in Cardiology, Urology, Orthopedics and More

Same-Day and Next-Day Appointments

Your health can't always wait. That's why our primary care team offers same-day and next-day appointments for patients who need prompt, but non-emergency medical attention. Whether it's an unexpected illness, a flare-up of a chronic condition, or simply a concern you'd like addressed quickly, we're here to provide care when you need it, without the long wait.

To preview our primary care providers, visit parrishhealthcare.com/providers

PARRISH HEALTHCARE | **Cleveland Clinic Connected**
Healing Experiences for Everyone All the Time®

Spotlight on Exceptional Care

Standing ovations are earned everyday at Parrish Healthcare

The dedicated team at Parrish Healthcare go above and beyond to support your health journey with personalized care and comprehensive services throughout North Brevard. Whether it's routine check-ups, specialized treatments, surgical procedures or wellness programs, we're here to ensure you shine both on and off the stage.

Discover how we can help you achieve your healthiest performance yet! Visit parrishhealthcare.com

PARRISH HEALTHCARE | **Cleveland Clinic Connected**
Healing Experiences for Everyone All the Time®

**MARCH
COMMUNITY SUPPORT GROUP SCHEDULE**

A.W.A.R.E. Sleep Support Group
 Held the 2nd and 4th Wednesdays at 7:00 PM
 Parrish Healthcare Center, Maritime Conference Room
 1005 Port St. John Parkway, Port St. John
 Contact our Sleep Center Nurse at 321-268-6828

Cancer and Survivor Support Group
 Held the 1st and 3rd Wednesdays monthly at 1:00 PM
 Parrish Healthcare Center, North Titusville
 100 N. Washington Avenue, Titusville
 Contact Sherron Laker at 321-268-6224 ext. 1344

Caring for Caregivers Support Group
 Held the 1st and 3rd Thursdays monthly at 11:00 AM
 Heritage Hall, 551 N. Washington Avenue, Titusville
 Contact Janet Davis at 321-268-6800

Descending Diabetes Clinic
 Held the 1st and 3rd Mondays monthly at 7:00 AM
 Heritage Hall, South Lander Village
 101 N. Washington Avenue, Titusville
 Contact Cindy Wright at 321-268-6213, ext. 2068

Early Stage Community Play Date
 Held the 1st and 3rd Wednesdays monthly at 10:00 AM
 The Children's Center
 1020 S. Washington Avenue, Titusville
 Contact Mary Grant at 321-268-6228

Peerless Café
 Presented by St. Francis Refectory Life Stages Care
 at Parrish Healthcare
 Held the 1st and 3rd Wednesdays monthly at 11:00 AM
 For Registration, Parrish Health Village
 952 N. Washington Avenue, Titusville
 Contact Janet Davis at 321-268-6800

Men's Support Group
 Held Mondays at 12:00 PM
 The G-Store Center
 7610 S. Washington Avenue, Titusville
 Contact Patricia J. Matthews at pmatthews@parrishmed.com

Stroke and Heart Services Support Group
 Held the 1st and 3rd Tuesdays monthly at 7:00 AM
 The Plaza Pavilion, Port St. John Village
 101 N. Washington Avenue, Titusville
 Contact Janet Davis at 321-268-6800

Tea in Our Smoking Room
 Held the 1st and 3rd Tuesdays monthly at 10:00 AM
 Parrish Health Center, Conference Room 6
 101 N. Washington Avenue, Titusville
 Co-Hosted by Josephine Daniels, Tobacco Free Florida
 407-682-2324, ext. 802

Visit parrishhealthcare.com/events
 for information and to register



PARRISH HEALTHCARE 
 Healing Experiences for Everyone. All the Time®

**Parrish Healthcare Center at Port St. John
Your Community Healthcare Center
Your Health, Our Mission**

Parrish Healthcare Center at Port St. John is proud to serve all of your health care needs. We give our patients immediate access to superior outpatient services, multi-specialty physicians, diagnostic imaging services and more within a state-of-the-art 200,000-sq-ft "green" healing environment.

3000 Port St. John Highway, Port St. John, FL 32077
 Located just west of I-95 Exit 282
 on Port St. John Highway



This location offers the following services and more:

- Urgent Care Center
- Outpatient Diagnostic Center
- Laboratory Services
- Radiology Services
- Endocrinology
- Cardiology
- Gastroenterology
- Geriatric Management
- Infectious Disease
- Internal Care
- Palliative Care
- Primary Care
- Pulmonary
- Rheumatology
- Sleep Medicine
- Sports Medicine
- Urology
- Vascular Medicine
- Women's Health
- X-ray

At Parrish Healthcare Center, we're all in together to keep you well.

PARRISH HEALTHCARE 
 Healing Experiences for Everyone. All the Time®

Meet Your New Cardiologist

Andre Gabriel, MD

Dr. Gabriel is an interventional cardiologist with specialized training in all aspects of vascular disease including coronary and peripheral interventions. He is board certified in internal medicine, cardiovascular disease, echocardiography and nuclear cardiology.

**PARRISH HEALTHCARE CENTER
TITUS LANDING
250 Harrison Street
Titusville, FL 32796**

Phone: 321-268-6868
 Fax: 321-268-6164

For more information visit
parrishhealthcare.com/gabriel



PARRISH HEALTHCARE 
 CARDIOVASCULAR

Medicare, Medicaid and most insurances accepted.
parrishmedgroup.com

**Lifelong Wellness.
We're With You.**

parrishhealthcare.com/womenshealth



PARRISH HEALTHCARE
 WOMEN'S HEALTH

TO SPOT A STROKE **BE FAST**

Narrative Medical Center
North Tarrant County
Hospital, Fort Worth,
Texas



B
BALANCE
LOSS OF BALANCE,
WEIGHING OR SWAYING



E
EYES
BLURRED
VISION

WHEN TO CALL 911?
If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital immediately. Do NOT drive yourself to the emergency room if you suspect you are having a stroke.



F
FACE
ONE SIDE OF THE
FACE IS DROOPING



A
ARMS
ARM DR-DROG
WEAKNESS



S
SPEECH
SPEECH
DIFFICULTY



T
TIME
REMEMBER THE TIME
SYMPTOMS STARTING
AND CALL FOR AN
AMBULANCE IMMEDIATELY

Watch for sudden

- Numbness or weakness of the leg
- Confusion or trouble understanding
- Trouble seeing in one or both eyes
- Sudden headache with no known cause

Visit parrishhealthcare.com/stroke




Leading Experiences for Everyone At the Time®

Primary Stroke Center

Nationally Certified Since 2004

Narrative Medical Center
North Tarrant County
Hospital, Fort Worth,
Texas

Stroke is a leading cause of death in Texas. Certified Primary Stroke Centers, like Parrish Medical Center, have demonstrated stroke treatment excellence.

Symptoms of Stroke

- Sudden symptoms like facial drooping, arm or leg weakness or numbness, or trouble speaking or understanding
- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
- Confusion, trouble speaking or understanding
- Trouble seeing in one or both eyes
- Difficulty walking, dizziness or loss of balance and coordination
- Sudden headache with no known cause

Visit parrishhealthcare.com/stroke






Leading Experiences for Everyone At the Time®

PARRISH HEALTHCARE CENTER | NORTH TITUSVILLE

MORE ROOM TO CARE, MORE WAYS TO HELP

Parrish Healthcare Center, North Titusville is designed to provide even greater access to the quality care you know and trust. Adding 26,000 square feet, the center offers comprehensive cancer care and more, right here, close to home.

- Oncology Cancer Care, Radiation, Infusion Services and Cancer Imaging
- General Surgery
- Hematology
- Infusion Services
- Laboratory Services Fully accredited by the College of American Pathologists, we offer blood, drug, genetic and urine tests, sports panels, urine cell screenings, blood bank services and more.
- Medical Offices

951 North Washington Avenue
Titusville, FL 32796

Visit parrishhealthcare.com/northtitusville or call 321-269-6858






Leading Experiences for Everyone At the Time®

Fast. Expert. Emergency Care.



PARRISH MEDICAL CENTER
PARRISH HEALTHCARE
951 N. Washington Avenue
Titusville, FL 32796

Your Heart Care Partners



WE CARE ABOUT WHAT PARTNERS THE MOST
From personalized medicine, to preventive care, we have you covered every step of the way.

Visit parrishhealthcare.com/heartcare




Leading Experiences for Everyone At the Time®



TO SPOT A STROKE **BE FAST**

Parrish Health Care is proud to be a member of the Cleveland Clinic system.

BE FAST

B BALANCE
LOSS OF BALANCE, WALKING OR STABILITY

E EYES
BLURRED VISION

F FACE
DROOP OF THE MOUTH, CHIN OR EYE

A ARMS
ARM DRAG, WEAKNESS

S SPEECH
SPEECH DIFFICULTY

T TIME
REMEMBER THE TIME WHEN YOU LAST SAW AN AMIGO WHO WAS HEALTHY

WHEN TO CALL 911
If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital immediately. DO NOT DRIVE YOURSELF to the emergency room if you suspect you are having a stroke.

WATCH FOR SUDDEN
- Numbness or weakness of the leg
- Confusion or trouble understanding
- Trouble seeing in one or both eyes
- Severe headache with no known cause

Visit parrishhealthcare.com/stroke

PARRISH HEALTHCARE | **Cleveland Clinic Connected**
Healing Experiences for Everyone All the Time®

PARRISH HEALTHCARE CENTER | NORTH TITUSVILLE

MORE ROOM TO CARE, MORE WAYS TO HELP

Parrish Healthcare Center, North Titusville is designed to provide even greater access to the quality care you know and trust. Totalling 24,586 square feet, the center offers comprehensive cancer care and more. Right here, close to home.

- Oncology: Cancer Care, Radiation, Infusion Services and Cancer Boutique
- General Surgery
- Hematology
- Infusion Services
- Laboratory Services: Fully accredited by the College of American Pathologists, we offer blood, drug, glucose and urine tests, lipid panels, stable cell screenings, blood bank services and more.
- Medical Offices

499 North Washington Avenue
Titusville, FL 32780

Visit parrishhealthcare.com/northtitusville
or call 321-268-6868

PARRISH HEALTHCARE | **Cleveland Clinic Connected**
Healing Experiences for Everyone All the Time®

14 PAR 5



◆ 535
◆ 486
◆ 440
◆ 416

PARRISH HEALTHCARE
Healing Families
Healing Communities®

parrishhealthcare.com

Celebrating National Doctors' Day

Monday, March 30

The doctors of Parrish Healthcare's integrated system commit to the highest standards of medicine. Through collaboration, your Parrish Healthcare doctors serve as nationally recognized patient safety leaders.

Thank you, doctors, for your unmatched dedication and passion to serve our community.

To meet Parrish Healthcare's physicians, please visit parrishhealthcare.com/providers

PARRISH HEALTHCARE | **Cleveland Clinic Connected**
Healing Experiences for Everyone All the Time®

DIGITAL ADS

PARRISH HEALTHCARE CARDIOVASCULAR

PUT YOUR HEART IN THE BEST HANDS



CERTIFICATION
Primary Stroke Center



PARRISH HEALTHCARE

Cleveland Clinic Connected

PARRISH HEALTHCARE CARDIOVASCULAR

PUT YOUR HEART IN THE BEST HANDS



PARRISH HEALTHCARE

Cleveland Clinic Connected

PARRISH HEALTHCARE CARDIOVASCULAR

PUT YOUR HEART IN THE BEST HANDS



PARRISH HEALTHCARE

Cleveland Clinic Connected

PARRISH HEALTHCARE CARDIOVASCULAR

PUT YOUR HEART IN THE BEST HANDS



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PUT YOUR HEART IN THE BEST HANDS



PARRISH HEALTHCARE

Cleveland Clinic Connected

PARRISH HEALTHCARE CARDIOVASCULAR

PUT YOUR HEART IN THE BEST HANDS



PARRISH HEALTHCARE

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PARRISH HEALTHCARE CARDIOVASCULAR

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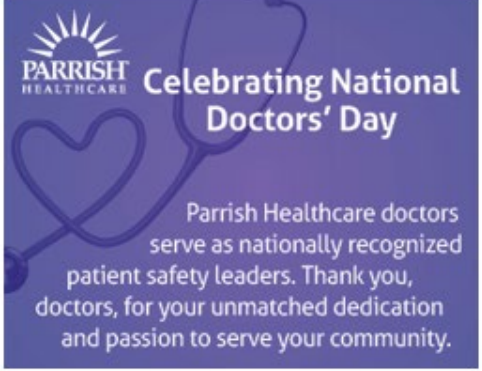


CERTIFICATION
Primary Stroke Center



PARRISH HEALTHCARE


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PARRISH
HEALTHCARE

Celebrating National Doctors' Day

Parrish Healthcare doctors serve as nationally recognized patient safety leaders. Thank you, doctors, for your unmatched dedication and passion to serve your community.



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BILLBOARDS



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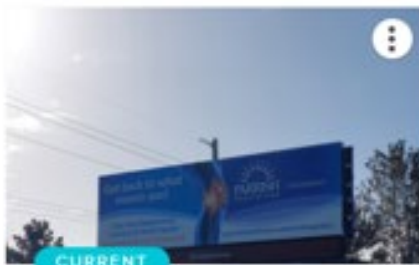
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